

# ***Taking the Mystery Out of the CAFL***

*Carol Nichols  
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## **What is the CAFL?**

The CAFL (Consolidated Annotated Frequency List) is a valuable research tool. It is an excellent frequency list that has been compiled by Brian McInturff, [turf@electroherbalism.com](mailto:turf@electroherbalism.com).

As Turf writes, "the CAFL contains frequencies from many sources and combines them into one list. It includes frequencies reported in anecdotes and on no other lists, and Garvy sets (some which have been converted for use on a Rife-Bare)... Some are from pad device sets, some are from homeopathic nosodes, some may be what worked for a single researcher, some are probably mere speculation..."

"Values are given in Hz. There is, in general, nothing special about the order of the frequencies inside the sets. This data was compiled from many electronic sources verbatim (except for some annotations) and there is no guarantee of any beneficial effects - most sources of the data were questionable but all frequencies found were included in the hope that at least one in any given set would be helpful." And he warns, "Do not stake a life on them. They are a starting point for research..."

While it is true the CAFL frequencies are a starting point for research, it is also true that because of the nature of the list, beginners in Rife technology sometimes feel the long list is intimidating and hard to understand. They are overwhelmed with the long strings of frequency numbers, and often write that they do not know where to start. The main problem with the CAFL, according to Turf, "is that the sets for even minor maladies can be quite long...The frequencies in these lists are not well tested."

The CAFL is a wonderful resource that gathers frequency data into banks that are ready-to-use. But the question keeps coming up, "What ARE these frequencies listed? What do they do and why are they placed in the banks where they're listed?"

This article, based on my own personal experience, is designed to help solve the problem – and to take the mystery out of learning how to use the CAFL.

Let's say you have a desire to investigate what frequencies to use against a particular malady. How would you go about it?

## **How to investigate frequencies for personal use and experimentation**

### **1. Choose what lists you want to use.**

In an ideal world, with a frequency that is what it is and does what it does with steady, constant reliability in just about everybody, we wouldn't need a long list of frequencies, and we certainly wouldn't need any tutoring in how to select frequencies that work. But Rife Technology is not statistically proven, nor is it well documented.

Any viable technology is only as good as its foundation. Obviously, Rife technology starts with Royal Rife and his excellent research. The next historical figure to enter the picture is John F. Crane, who reported his work with Rife, spanning a period of over 40 years.

There has been speculation as of late, that Crane did not use "original" Rife RF sine wave frequencies that were recorded by Rife in 1932 lab notes, but altered them to be used as square wave audio frequencies. This is true, as Crane did develop a whole new application of Rife's work, eventually adapting it for use with an electrode pad unit in 1958. Crane said he and Rife developed this new, portable machine because it was

affordable, convenient, and easy for people to use in their own homes. Creating the pad machine, which uses audio square waves, in Crane's estimation, helped to prevent the loss of Rife's technology and work. It did.

Whether or not Crane altered the frequency numbers is not at issue here. The fact is, the numbers listed on Crane's frequency lists do work, and have been working to help thousands of people for over 40 years now. For many years, Crane's frequency list was the only one available to use, and since it has been proven to work for so many people, we will use it as the foundation of this exercise. The lists we will examine in this report are –

### *1. The Crane List*

Crane included several versions of lists in his *Polarity Research Manual*, a work that he first undertook during his years when working with Rife. All of Crane's progressive lists were compiled into a single list in the early 1990s, with annotations next to the frequency numbers to clarify which numbers originated from Rife's earliest list, and which numbers were added during the Rife-Crane years, and which numbers were added during Crane's research after Rife died. This annotated list of Crane's frequencies is available for free download at –

<http://www.ourlifehouse.com>

The Crane list isn't complicated or hard to learn, and once you can recognize Crane frequencies, you can better understand and interpret other lists, recognize new research frequencies, and apply Rife technology as it was designed to be used.

### *2. The Garvey List*

The Garvey list contains frequencies used by John Garvey, N.D. in his Energy Medicine Clinic at 465 Crooked Creek Rd., Black Mountain, N.C. In a note on 1-30-02 Turf explained that The Carolina Health Center is the heir to Garvey's original clinic in Black Mountain, NC. The website for the Carolina Health Center today is <http://www.carolinahealthcenter.com/>. The clinic is now run by Peter Kapetanakos.

Garvey pioneered using frequencies of homeopathic and other remedies, and his list includes a sprinkling of Rife's frequencies. Garvey discovered his list as a result of years of testing their clients with a Vega machine. His lists were updated as new frequencies were found. In December 2001, about the time Turf established his website at <http://www.electroherbalism.com>, Turf explained that Garvey's frequencies "...usually work well (and also often coincide with genome frequencies) but do not always include frequencies that are often found most effective."

Now, Peter Kapetanakos is adding some frequencies of his own. There is a listing of a few sets on this website in the "Biowave" section. Some of the frequency sets are expanded versions of Garvey's original sets. But, some are completely new. Garvey frequencies have been incorporated into the CAFL. The Garvey subset can be found in Turf's Non Consolidated Frequency List.

For this exercise, we will use the September 9, 1992 Garvey List, which is still available at –

<http://www.geocities.com/ResearchTriangle/2888/freq9.html>

### *3. The CAFL*

We will begin our analysis of the CAFL frequency numbers by comparing Crane's numbers against the CAFL. CAFL frequencies pertaining to the subject of this article are included in this report. To view the entire list, go to –

<http://www.electroherbalism.com/Bioelectronics/FrequenciesandAnecdotes/CAFL.htm#C>

#### 4. The “AltHealth” List

The Alternative Health and Healing frequency list is a lengthy compilation of various collected frequency lists. In this report, frequencies taken from this list are referred to as AltHealth frequencies.

The AltHealth list compiles several well-known and not-so-well-known frequency lists from various sources. It includes the **Kinnaman Frequency List** (which are Crane frequencies), the **Stafford list** (Crane frequencies which were provided to Stafford by John Crane and Royal Rife in the late 1950s), **Keelynet** (which is identical to the Crane list, with a few additions from research done in the late 1980s). The **Garvey list** (which sprinkles a few Crane frequencies in with homeopathic numbers, etc.), and the **Bio-Energetic Frequency Chart**. Most of the Bio-Energetic frequencies are derived from homeopathic nosodes [vaccines], allergens, sarcodes [organ therapy preparations], or cell salts; some are directly from the specified ailment or substance; and some are Crane Frequencies. Although we will refer to the Garvey numbers separately in this report, the rest of these frequency lists will be commonly referred to as the AltHealth list.

The Bio-Energetic Frequency Chart is available from Jimmie Holman at –

[http://www.holman.net/rife/Frequency\\_Sets/Frequency\\_Descriptions/frequency\\_descriptions.html](http://www.holman.net/rife/Frequency_Sets/Frequency_Descriptions/frequency_descriptions.html)

It is also incorporated in the AltHealth lists. Obviously, the AltHealth lists themselves are long and cumbersome, and cannot be included here. However, you can examine this compilation at –

<http://www.altered-states.net/barry/newsletter%20135%20frequencylist/frequecies.htm>

The introduction at this site says, “This is a compilation of frequencies from many sources. Many are based on anecdotes and are not well tested or widely used...This list is also annotated but, of course, not completely. Research will still be necessary to ascertain causative pathogens for certain conditions. Many of the comments and annotations are from other frequency lists and many are from my own research.”

or

<http://groups.msn.com/ALTERNATIVEHEALTHandHEALING/rifefrequecies2.msnw>

Following the same introduction quoted above at altered-states, this website adds: “This list is a compendium of frequencies that have been reported by users of the device to have actual physiologic effects. Some of these are well know frequencies, used in a unique sequence, others are completely new heretofore unknown frequencies. This list will be updated as results are reported to me, all information should be considered as anecdotal, and not scientifically proven. These frequencies should not be considered as anything but experimental. USE AT YOUR OWN RISK, NO CLAIMS ARE MADE FOR EFFECTIVENESS.”

## 2. Determine what you are going to call a complete set.

In general, the frequencies I would choose to use are based on 3 factors:

- a. **basic set of proven frequencies** that have been reported to work against the targeted ailment
- b. **basic general set of proven infection frequencies**, to combat accompanying secondary infections
- c. **basic set of proven healing frequencies** to be used for 5 – 10 min each as the last thing in the session. or separately, as the case may be.

I select the frequencies I am going to try by evaluating specific frequencies that have been reported to work in the past, and where they came from. Although you can use any frequency list as a foundational place to start, in this example I will begin with the simplest, proven, originally listed frequencies as they were published by John Crane, Rife’s business associate for over 21 years. With the exception of Rife’s recently published RF sine wave frequencies, **Crane’s frequency list predates all other frequency lists**. After gathering these frequencies as a starting point, I will add other frequencies from other lists (in this example, frequencies listed in the CAFL.)

If I do not get satisfactory results with the basic frequency sets I have chosen to build, I will then add other frequencies, according to what I have personally learned that works with that condition, or numbers suggested to me by other lists or people I trust. When I am not familiar with a frequency, I generally add it as last to try, unless there is good supportive evidence that somebody has used it well and successfully.

### 3. Investigate target frequencies to build your own complete set.

In our example, let's select breast cancer as our topic. The first thing I would do is to discover what original general cancer frequencies were reported by John Crane. I have found, after nearly 15 years of personal research, that these are the most proven frequencies available, to date.

Next, since I want to add or try more frequencies, I would look at and evaluate the main entries (in this case, for cancer) in the CAFL, and compare them to Crane's list. Once the foundation of general frequencies for cancer is laid, I then would investigate the specific entries (in this case, breast cancer).

As you learn to recognize the frequencies, you can better understand the CAFL. For instance, let's eliminate the target frequencies we can identify from Crane's original list, and cross through those numbers listed in the CAFL one at a time, to discover what all these numbers mean.

In our example (breast cancer), we start with the Standard Cancer Frequencies as reported by John Crane, looking for known, identified carcinoma frequencies. (Carcinoma is any cancerous tumor starting with cells covering body and organ surfaces that then invade both local and distant areas.)

This is the cancer portion of Crane's frequency list as it appears in *Blast It!* **The bold-faced starred entries are the oldest and primary frequencies for cancer.** The + entries are next in order of discovery, the # entries are next, and the ^ entries are frequencies added in the late 1980s and early 1990s before Crane died.

* Cancer #1 (internal or external)	#20 +728 +784 #800 +880 +2008 #2093 <b>*2128</b> +5K Use NEG on ALL cancers 45 min 3x daily
Cancer #2 Alternative Frequencies	#20 #120 ^728 +787 +880 ^666 ^690 ^1050 ^2050 #2128 +5K +10K
Cancer #3 Alternative Frequencies	^728 ^10K non-responsive to above, use 2050 2180 2452
Cancer #4 Alternative Frequencies	^728 ^660 ^668 ^712 #2008 +5K +10K
* Carcinoma, internal or external	#20 +727 +787 +880 #2008 <b>*2128</b> +5K +10K Use NEG 3 min every 3 days
Carcinoma, viral (BX)	^2008 *2120 to 2130 ( <b>*2128</b> ) +2217
* Leukemia, (& SEE Also CONDITIONS, Pus)	#20 +727 +787 +800 +880 +1550 <b>*2008 *2127</b> +5K Use NEG 3 min every 3 day
* Sarcoma	#20 +727 +787 +880 <b>*2008</b> #2093 #2128 Use NEG 3 min every 3 days
Sarcoma, viral (BY)	*2K to 2.1K (2008) +2093
* <b>Tumors, any kind</b> , SEE Also above	+5K +10K Reduce out with NEG polarity & Color 4 on body. Use Color on localized tumor

We will begin by comparing these Crane frequencies to those listed as the "Basic Comprehensive Set" in the CAFL –

The "Basic Comprehensive Set" suggested for cancer in the CAFL = 10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20

On the Crane chart, the actual primary cancer number for carcinoma BX is **2127.5**. It has been entered as **2127** and as **2128** in various places. Either frequency will work, as Crane reported that + or – 5 Hz will still be

effective in most cases. The other primary number, for sarcoma BY, is **2008**. Even though our target now is not sarcoma, we will still add 2008 to our basic frequency set, to be on the safe side. If we find later that we don't need this number, it can be eliminated from our cancer set.

We have now identified the actual primary cancer numbers from the Crane chart. Since they are no longer unidentified, unknown numbers, we can eliminate them from the CAFL list, and can begin to build the set of frequencies we want to use at the same time.

CAFL = The "Basic Comprehensive Set" suggested for cancer says — 10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, ~~2128~~, ~~2127~~, 2084, 2048, ~~2008~~, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20

### *Summary so far:*

Our cancer set now includes: **2008, 2127.5**

By looking at the Crane cancer numbers and the CAFL Basic Comprehensive Set (both above, next to each other) you can immediately see what numbers Crane listed as compared to those that appear on the CAFL. We will consider the rest of these numbers next —

**2452** This frequency is listed only once in the Crane list, as a possible alternative choice in bank 3. The CAFL lists this frequency in its basic set, and under Cancer adenocarcinoma esophageal. As this is not a prominent frequency for Cancer or for breast cancer, we will add it to our list of alternative frequencies to try later.

**+2217** We will add this frequency; the plus indicates it is an early frequency.

**^2180** This is a #3 cancer alternate, added to the Crane list in the late 1980s. The ^ symbol in front of ^2180 indicates that this is not an original, primary number. It is a number suggested for use if there is no response to primary numbers 2008 and 2128. In the CAFL, 2180 is listed under Cancer general 3, Breast cancer 1, Cancer maintenance secondary, Cancer BY and Cancer glioblastoma. We will add it to our list of alternative frequencies to try later.

**2182** This CAFL number is not listed on the Crane chart, but we will take care of it now, because it is within the acceptable + or – 5 Hz variable range that John Crane said would work; in other words, in practice 2180 and 2182 are about the same. In the CAFL 2182 is listed for Breast cancer, Cancer adenocarcinoma esophageal, and Cancer glioblastoma. We will add it to our list of alternative frequencies to try later.

**#2093** Although Crane listed 2093 as a later general cancer frequency, it was first used for sarcoma. The CAFL lists it under Cancer rhabdomyosarcoma embryonal. We will not include it with our primary frequencies at this time because our primary target is carcinoma, but we will put it in a set to try later, if need be.

**\*2000 to 2100** Sarcoma viral BY is not our target at the moment; we will add it to our list of alternate frequencies

**2084** This CAFL frequency is not on Crane's chart, but since it falls in the sarcoma frequency range between 2000 and 2100, we will consider it now. It appears in the CAFL under Cancer general 1, adenocarcinoma esophageal, rhabdomyosarcoma embryonal. It is used for intestinal flukes expelled as a result of the cancer frequencies according to AltHealth. We will add it to our list of possible complementary frequencies for Intestinal support.

**^2050** This is an older Rife Crane frequency for pneumonia, also later chosen in Crane's chart as an alternative freq for cancer in late 1980s. According to Garvey, it can be used to treat flukes in cancer treatment (which he says they find in 90% of cancer cases). The CAFL puts this frequency in Cancer general 1, Cancer melanoma, Cancer prostate,

and in a parasite frequency set to use after initial detox from cancer frequencies. We will add it to our list of possible complementary frequencies.

**2048** CAFL lists this as Cancer general 2, Cancer breast secondary. Since it is within the + or – 5 Hz variable range, in practice it should be about the same as 2050. Because the CAFL lists it as a secondary frequency, we will add it to our list of possible complementary frequencies also.

**\*2120 to 2130** Carcinoma BX is our target and we will add these, as this is the range of early Rife – Crane frequencies.

**1552** This is the primary Rife listing for TB virus and B-coli. Although this is not listed on the Crane chart for cancer, it is listed in the CAFL for cancer. The CAFL lists it as part of the Basic Comprehensive Set, **Cancer general 2, Cancer breast secondary**. Because it will help the lungs in breast cancer, we will place it in our set of complementary frequencies.

**+1550** Because 1550 is within the + or – 5 Hz variable range from 1552, Crane's list also considers it to be a primary for TB; in practice they should produce about the same results. 1550 is also listed as a secondary cancer frequency on the Crane list. The CAFL lists it as Cancer breast, Cancer experimental additional frequencies, and Cancer maintenance secondary. Because it will help the lungs in breast cancer, we will place it in our set of complementary frequencies.

**^1050** This is an older Crane frequency for pneumonia that is also listed later as an alternative freq for cancer. The CAFL lists this number for Cancer experimental additional frequencies, Cancer melanoma. Because it will help the lungs in breast cancer, we will place it in our set of complementary frequencies for Lung support.

**+787** Although 784 is the original Rife number for Streptothrix (Actinomycosis – a fungus infection) throughout the PRM, 787 is usually listed as interchangeable with 784. (787 is within the + or – 5 Hz variable range from 784, and in practice they should produce about the same results.) The Crane list places 787 for both carcinoma and sarcoma. The CAFL lists 787 for Cancer leukemia, Cancer melanoma 1, and Cancer prostate. Because infection always accompanies cancer, we will add it to our cancer set as a primary companion frequency for cancer.

**+784** This is the original Rife number for Streptothrix (Actinomycosis – a fungus infection), and is usually interchangeable with 787. Crane lists it in his #1 Cancer set. In the CAFL it is listed for Cancer general 1, Cancer maintenance secondary, Cancer rhabdomyosarcoma embryonal. It is also a part of the electroherbalism regimen for protocol on using cancer frequencies and on using parasite frequency set after initial detox from cancer frequencies. We will add it to our cancer set as a primary companion frequency for cancer.

**^712** This original Rife frequency for Gonorrhea and Typhoid Fever (Rod) was provided to Dr. Stafford by Rife and Crane and is confirmed on Dr. Stafford's list as Typhoid bacteria. Garvey lists this frequency for distemper. It is listed as a #4 alternative on Crane's list, and does not appear at all in the CAFL numbers for cancer. We will place it on our list of possibilities for cancer support frequencies.

**^690** 690 & 666 often appear together in the Crane frequency list, for duodenal ulcer, chicken pox, alternative infection frequencies and the like. In the late 1980s they were presented as part of a special set of frequencies that work to kill a variety of microorganisms when they were run at the same time with 121, 727, 1840, and 1998. They are not specifically cancer frequencies, but are both listed in Crane's set as Cancer alternative #2. In the CAFL they are both listed for Basic Comprehensive Set, Basic Comprehensive Set, Cancer astrocytoma, Cancer leukemia, Cancer pain, and Cancer prostate. **690** is also listed in the CAFL for Cancer general 3, Cancer maintenance secondary, Cancer breast secondary, and Cancer carcinoma scan. We will use it as a complementary frequency for Infection support.



- ^668** This is a #4 alternative on Crane's list. Garvey lists this number for Varicillen. Varicella is the herpes virus that causes chickenpox during childhood and shingles [herpes zoster] in adulthood). We will keep this frequency in mind for infection support for herpes.
- ^666** See 690 above for a description of how 666 and 690 work together. In addition, **666** is also listed in the CAFL for Cancer general 1, Cancer breast, cancer melanoma, Cancer non Hodgkins, and as part of the electroherablism regimen for protocol on using cancer frequencies and on using parasite frequency set after initial detox from these. A comment from the AltHealth Bare list suggests 662 through 666 is the herpes simplex I range. 662 and 666 are within the + or – 5 Hz variable range from each other; 666 and 668 are also in range of each other, and they all appear to affect Herpes. It is therefore possible that the Herpes range can be extended from 662 to at least 668; in practice they are producing about the same results.
- ^660** This is a #4 alternative on Crane's list. It is the primary Rife frequency for syphilis (*Treponema pallidum* bacteria) and a primary for gonorrhea. It does not appear for cancer in the CAFL. We will use it for Infection support for the reproductive system.

Because of what they all appear to do, we have added all 4 frequencies in this 600s frequency range to our infection support frequencies for the reproductive system.

Here are the frequencies we have checked so far –

CAFL = The “Basic Comprehensive Set” suggested for cancer says – 10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, ~~2452~~, 2189, ~~2182~~, ~~2128~~, ~~2127~~, ~~2084~~, ~~2048~~, ~~2008~~, 1604, ~~1552~~, 1489, 880, 854, 800, ~~784~~, 776, 766, 728, ~~690~~, 683, 676, 666, 524, 464, 333, 120, 20

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **784, 787**

Complementary frequencies to add:

for Intestinal support: **2048–2050** (flukes & pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **1550–1552** (TB), **1050, 2048–2050** (pneumonia)

for Infection support: **690** (general infection) **660** (syphilis), **666, 668** (herpes), **712** (gonorrhea)

Carcinoma cancer frequencies to add if non-responsive: **2048, 2180 to 2182, 2452**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100**

## **4. Investigating more primary companion frequencies to build your own set.**

Since infection always accompanies cancer, the easiest next step is to add the rest of what are considered to be “standard infection frequencies” from Crane's list to our chosen cancer set, and continue to delete identified numbers from the CAFL as we go.

The Standard Infection Frequencies according to John Crane are included in both the Crane cancer frequency sets and throughout the CAFL cancer sets. They are –

**880** Original Rife frequency for *Streptococcus Pyogenes*

**800** Original Rife frequency for B-coli rod

**727.5** The actual frequency for *Staphylococcus Pyogenes Aureus* is 727.5. For simplicity, Crane entered it on his list in various places as **either 727 or 728**

**120** Original Rife frequency for Tetanus, and a main frequency for persistent disorders

- 20** This is a main frequency for worms and parasites, lack of conductivity, and a major frequency for conditions such as blood circulation and artery problems, abscesses, all communicable diseases, and the like.

These are the frequencies we have checked so far –

CAFL = The “Basic Comprehensive Set” suggested for cancer says — 10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, ~~2452~~, 2189, ~~2182~~, ~~2128~~, ~~2127~~, ~~2084~~, ~~2048~~, ~~2008~~, 1604, ~~1552~~, 1489, ~~880~~, 854, ~~800~~, ~~784~~, 776, 766, ~~728~~, ~~690~~, 683, 676, 666, 524, 464, 333, ~~420~~, ~~20~~

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 787, 800, 880**

Complementary frequencies to add:

for Intestinal support: **2048–2050** (flukes & pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **1550–1552** (TB), **1050, 2048–2050** (pneumonia)

for Infection support: **690** (general infection) **660** (syphilis), **666, 668** (herpes), **712** (gonorrhea)

Carcinoma cancer frequencies to add if non-responsive: **2048, 2180 to 2182, 2452**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100**

## **5. Discovering healing frequencies.**

According to the Crane list there are 2 frequencies that are used for healing and regeneration of body tissues. He wrote that these frequencies do not kill anything – they support and help the body to heal. These 2 frequencies are listed in most Crane frequency sets.

Standard Healing Frequencies according to John Crane are –

**5000** (5K) and

**10000** (10K)

Sometimes on alternating days off from using cancer or infection frequencies, people like to use just 5K and/or 10K to help recover and heal. They can be used for as long as you like, singly, or jointly. Crane suggested running frequencies from low to high, and ending with one or the other (and sometimes both) of these healing/regeneration numbers. For purposes of our exercise, we will add them to the end of our set. (Note – In the AltHealth lists, Kinnaman shows 9999 as a frequency for general vitality and energy. This is not a new number, it is Kinnaman’s version of 10000.)

CAFL = The “Basic Comprehensive Set” suggested for cancer says — ~~10000~~, 11780, 21275, 17034, 11430, 6766, 6064, ~~5000~~, 3713, 3176, 3040, 2950, 2876, 2720, ~~2452~~, 2189, ~~2182~~, ~~2128~~, ~~2127~~, ~~2084~~, ~~2048~~, ~~2008~~, 1604, ~~1552~~, 1489, ~~880~~, 854, ~~800~~, ~~784~~, 776, 766, ~~728~~, ~~690~~, 683, 676, 666, 524, 464, 333, ~~420~~, ~~20~~

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 787, 800, 880**

Primary healing frequencies at end of set: **5000** (5K), **10000** (10K)

Complementary frequencies to add:

for Intestinal support: **2048–2050** (flukes & pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **1550–1552** (TB), **1050, 2048–2050** (pneumonia)

for Infection support: **690** (general infection) **660** (syphilis), **666, 668** (herpes), **712** (gonorrhea)

Carcinoma cancer frequencies to add if non-responsive: **2048, 2180 to 2182, 2452**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100**



## 6. Identifying RF Carrier frequencies from the CAFL Basic Comprehensive Set.

With the recent discovery of Rife's 1932 lab notes, and the reconstruction and back-engineering of Rife and Crane Frequency Instruments, it has been speculated at this time (2003) that Crane adapted Rife's early RF Carrier Kilohertz readings to the Hertz audio square wave readings we have been using, especially with our electrode pad units. Thus we now have new frequency equivalency charts we can use in our experiments. People have been using these KHz frequencies to augment the Crane square wave frequencies we've been discussing, or, if your equipment is RF and sine wave capable, have replaced them entirely, if that's what you prefer. Here is the equivalency chart for cancer as it appears in *Blast It!* If you want to experiment with substituting these numbers or using them to amplify your present frequencies, the entire equivalency chart can be downloaded free at <http://www.ourlifehouse.com>

	Crane 1950 -	Beam Ray 1936-50	Rife Ray 4 1935-36	Freq in Hz Rife's 1932	Freq in meters lab notes	*Meters to Hz Conversion
Cancer (BX – Carcinoma)	2128	21,275	1,604,000	11,780,000	17.6	17,033,662
Cancer (BY – Sarcoma)	2008	20,080				

\*Wavelength =  $299792458 \div \text{Frequencies in Hz}$  and  $\text{Frequencies in Hz} = 299792458 \div \text{Wavelength}$

In the CAFL Basic Comprehensive Set these new frequency numbers appear as:

CAFL = The "Basic Comprehensive Set" suggested for cancer says — 40000, **11780, 21275, 17034, 11430**, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 420, 20

### Carcinoma –

**21275** In addition to its listing in the CAFL Basic set, this number also appears under CAFL Cancer breast 3, along with a note to **use 2128 for 56min**. In the above equivalency chart it is also listed next to the Cancer carcinoma number, 2128 (original Crane number, 2127.5). Here we have gained a proof for the Crane Hertz frequency of 2127.5, as well as a clue as to a suggested dwell time of nearly an hour for our primary cancer frequency. It also appears under CAFL Cancer multiple myeloma.

**17034000** This is a rounded figure to the nearest kilohertz for 17033662, the actual number listed by Rife in his lab notes. This rounded number was established by Aubrey Scoon in his calculations using 11,780,000 and 17,034,000 to derive the Hoyland frequency (Rife Ray 4) equivalent figure of 1,604,000. When Scoon ran the accurate values of 11,780,000 and 17,033,662.3864 he arrived at the audio frequency of 2127.32896, which is almost exactly the Crane BX audio frequency of 2127.5. To learn more about Aubrey's detailed explanation of these calculations, and how to perform them, visit his website at <http://www.scoon.co.uk/Electrotherapy/Rife/Papers/hoyland.pdf>

**17034** This number is in the CAFL under Cancer BX (carcinoma) and under BY virus (sarcoma virus). It appears to me to be a mathematical derivation of 17034000.

**11780000** Rife's 1932 lab notes show this for cancer BX frequency.

**11780** This number is in the CAFL under Cancer BX (carcinoma) and under BY virus (sarcoma). It appears to be a mathematical derivation of 11780000. It also appears under Cancer multiple myeloma.

There have been good reports from people who have tried these sets of frequencies For the purpose of this discussion, we will add them to our cancer set as an alternative set of frequencies to try if your equipment can produce them.

## Sarcoma –

20080 We will later find this number listed in the CAFL as CAFL Cancer BY virus (sarcoma virus). This number is listed as a result of recent discoveries, as the 1936-50 Frequency in Hertz for sarcoma. Crane's 2008 Hertz is the target frequency for sarcoma.

11430000

**11430** The CAFL lists these as Cancer BY virus (sarcoma virus) – 11430000, 11430. The best I can tell, 11430 was referenced on an Oxyrife site some time ago. At this time it is not confirmed on any of the lists we are using for this exercise. However, 1143000, as well as 1178000 both received good reports by Dick Loyd [drloyd@comcast.net](mailto:drloyd@comcast.net) in February, 2003 in an email to [rife@yahoogroups.com](mailto:rife@yahoogroups.com), a Rife discussion group. Since this frequency has received a good report by users, we will include it as an experimental frequency in our Sarcoma set.

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 787, 800, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275,**

Complementary frequencies to add:

for Intestinal support: **2048–2050** (flukes & pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **1550–1552** (TB), **1050, 2048–2050** (pneumonia)

for Infection support: **690** (general infection) **660** (syphilis), **666, 668** (herpes), **712** (gonorrhea)

Carcinoma cancer frequencies to add if non-responsive: **2048, 2180 to 2182, 2452**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

## **7. Identifying the remaining “Basic Comprehensive Set” entries for cancer frequencies as they are listed in the CAFL.**

Now that we have nearly exhausted those numbers that are identifiable as early Rife or Crane frequencies, we can now examine the remaining CAFL frequencies in this set that we still do not know. What reputation have they gained as healing frequencies?

CAFL = The “Basic Comprehensive Set” suggested for cancer says — 10000, 11780, 21275, 17034, 11430, **6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 420, 20**

6766 unknown. This frequency is listed only 1 time, and it is in this set. For now we will discard.

6064 unknown. This frequency is listed only 1 time, and it is in this set. The note in the AltHealth lists says 6064 is recommended by “...electroherbalism regimen for protocol on using cancer frequencies and on using parasite frequency set after initial detox from these. For now we will discard; if we want parasite frequencies there are many others that would be better.

3713 unknown. However, it also appears in the CAFL for Cancer BX (carcinoma virus) and non-Hodgkins. Unless we find ourselves seeking for more frequencies later, we discard this one now.

**3176** unknown. However, it also appears in the CAFL as general Cancer and Breast cancer secondary. The note in the AltHealth lists says 6064 is recommended by “...electroherbalism regimen for protocol on using cancer frequencies and on using parasite frequency set after initial detox from these. Since the CAFL names this for breast cancer, we include it as an alternate.

- 3040** listed in the ElectroSpectrum Rife Device list [included in AltHealth list] as a frequency for pain; it also appears in the CAFL as general Cancer and Breast cancer secondary. We list it that way too.
- 2950** unknown. However, it also appears in the CAFL as general, a primary for Breast cancer and for multiple myeloma. We will consider it in our complementary set for breast cancer.
- 2876** unknown. The CAFL lists this frequency under BX (carcinoma virus), adenocarcinoma esophageal, primary breast cancer, carcinoma basal cell skin cancer. We will add it to our Carcinoma secondary set.
- 2720** This frequency is named for regeneration of bones and arthritis, added to the Crane list in late 1980s research. Bare lists it for prostate, and the CAFL lists it also under Cancer general 1 – Cancer general 2, Cancer breast secondary, Cancer prostate. It is another frequency in the electroherbalism regimen for protocol on using cancer frequencies and on using parasite frequency set after initial detox from these. We will not use this frequency at this time, until we learn more about it or have the need to investigate further.
- 2189** 2189 also appears under cancer general 1, Cancer breast, and Cancer breast 1 in the CAFL. According to AltHealth list, it was also used by a Dr in France as part of a Hepatitis C set, a frequency under investigation now. We will add it for infection support.
- 1604** unknown. It is also listed under Cancer Bx virus. We will re-consider this one later if we need to.
- 1489** This frequency also appears under cancer maintenance secondary. It was used by Garvey for measles, and recently used for herpes. We will add it for infection support.
- 854** Also appearing in the CAFL under Cancer prostate Vega 1, this is a Garvey frequency for Bacillinum, fungus, flukeworm, flatworms, Influe Toxicum (homeopathic nosode). According to Garvey, flukes are found in 90% of cancer. We will use it for intestinal support.
- 776** This frequency is a primary Rife frequency for pneumonia, and a primary Crane listing for ulcers as well. It is also listed in the CAFL under Cancer general 3, Cancer maintenance secondary, Cancer carcinoma bronchial. We will definitely add this for lung support.
- 766** The CAFL also lists this frequency under Cancer prostate. The Bio-Energetic Frequency Chart on the AltHealth lists credit 766 as effective with Chest infection/cold, Epidermophyton floccinum (homeopathic remedy for fungus that attacks skin & nails, includes athlete's foot), penicillium rubrum. We will use this one for lung support, too.
- 683** This appears to be a mathematically derived frequency from Rife's RF sine wave B-Coli Rod number 683,000 = 683. It is listed on AltHealth lists for pneumococcus, chest infection, ear infection. We will try it out as support for general infection.
- 676** This is a late frequency addition for ulcers on the Crane list. The CAFL lists it for Cancer general 3, Cancer breast, Cancer gastric adenocarcinoma, and Garvey includes it in the treatment for flukes in cancer treatment (which he says they find in 90% of cancer cases). This is definitely one for intestinal support.
- 524** This frequency is under Cancer general 1 and Cancer carcinoma larynx in the CAFL. Garvey lists it as good for Aspergillis Glaucus, (blue mold occurring in some human infectious processes) and flukeworm ((which he says they find in 90% of cancer cases). Other places in the AltHealth list claim it is for parasites, including tapeworm, and has been used in MS, and coughing. We will add it for intestinal support.
- 464** This CAFL frequency also appears under Cancer general 1, Cancer rhabdomyosarcoma embryonal, Cancer rhabdomyosarcoma 1. Bare lists it for candida, fatigue, motion sickness,

pancreas, thrush, and in antiseptic applications and infections. The AltHealth says it is the most effective yeast frequency, and “don't forget it”. Its immediate neighbor, 465, is the primary listing for yeast/fungus infections. We will add it to our support frequencies.

- 333** In the CAFL, 333 appears in Cancer general 1. Garvey lists it for Adenovirus (a virus that causes infections in the lungs, stomach, and intestines), Bacterum coil commune combo, Dan's Mold, Yersenia (Yersenia pestis is Plague, spread primarily by rats). AltHealth also lists it for e-coli, amoeba, and Rheumaticus. We will place it in infection support.

In evaluating these numbers, we could have added some to our initial cancer set. But for the purposes of this illustration, we have selected the numbers listed above in boldface type, and placed them in positions to support our cancer set. With that done, we have now completed investigating the CAFL main entries in the Basic Comprehensive Set for Cancer –

CAFL = The “Basic Comprehensive Set” suggested for cancer says — ~~40000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 787, 800, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:

for Intestinal support: **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **766, 776, 1550–1552** (TB), **1050, 2048–2050** (pneumonia)

for Infection support: **683, 690, 1489** (general infection) **333** (adenovirus- lungs, stomach, intestines) **2189** (hepatitis-liver) **660** (syphilis), **666, 668** (herpes), **712** (gonorrhea), **464** (yeast/fungus)

for breast cancer: **2950** (breast cancer) **3040** (pain)

Carcinoma cancer frequencies to add if non-responsive: **2048, 2180 to 2182, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **3176**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

## **8. Comparing the CAFL “Basic Comprehensive Set” entries to the CAFL Cancer general 1 listings.**

Now that we have identified all the numbers in the CAFL “Basic Comprehensive Set” list we started with, we will compare them to the following specific CAFL entries pertaining to our general target, cancer. As before, the object is to eliminate the duplicates, and to identify what is left over so that we can determine what to add to the cancer set we are building.

CAFL = The “Basic Comprehensive Set” suggested for cancer says — ~~40000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

**Cancer\_general\_1** - ~~40000, 5000, 3176, 2720, 2489, 2189, 2184, 2128, 2084, 2050, 2008, 880, 854, 800, 784, 728, 666, 524, 464, 333, 304, 120~~

- 2489** This is Crane frequency for AIDS and Pneumonia; in AltHealth, Herpes and Fever Blisters, Liver enlargement, Lupus, Psoriasis [AltHealth]. In the CAFL it is listed in Cancer general 1, Cancer general 2. We will place it in lung support.

- ^2184** This is a breast tumor frequency added to Crane's list in late 1980s or early 1990s before Crane died. The CAFL registers it as Cancer general, Cancer maintenance secondary, Cancer breast,

Cancer carcinoma bronchial, Cancer carcinoma scan, Cancer rhabdomyosarcoma embryonal, Cancer rhabdomyosarcoma 1, also in electroherbalism regimen for protocol on using cancer frequencies and on using parasite frequency set after initial detox from these. We will put it in range with compatible carcinoma frequencies to use if primary frequencies are non-responsive.

- 304** CAFL entries are Cancer general 1, Cancer general 2, Cancer general 3, Cancer carcinoma scan, Cancer breast 2, Cancer prostate, and electroherbalism regimen for protocol on using cancer frequencies and on using parasite frequency set after initial detox from these. It has been used for nausea and abdominal cramping, Psoriasis. Bare says it is good for blood pressure, sedation and pain relief. A note in AltHealth frequencies adds sedation or pain relief, also nice to use as the last frequency of a set of frequencies. We will use this as pain support

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 787, 800, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:

for Intestinal support: **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **766, 776, 1550–1552 (TB), 1050, 2048–2050, 2489** (pneumonia)

for Infection support: **683, 690, 1489** (general infection) **333** (adenovirus- lungs, stomach, intestines) **2189** (hepatitis-liver) **660** (syphilis), **666, 668** (herpes), **712** (gonorrhea), **464** (yeast/fungus)

for breast cancer: **2950** (breast cancer) **304, 3040** (pain)

Carcinoma cancer frequencies to add if non-responsive: **2048, 2180 to 2182, 2184, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **3176**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

## **9. Comparing the CAFL Basic Comprehensive Set and Cancer general 1 to CAFL Cancer general 2.**

Here are our comparison lists up to this point – we will now consider the cancer general numbers marked in bold.

CAFL = The “Basic Comprehensive Set” suggested for cancer says — ~~10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

Cancer\_general\_1 - ~~2489, 2184, 304~~

**Cancer\_general\_2** - ~~10000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20~~

- 1862** This is the primary Rife frequency for Typhoid fever filter passing. The CAFL reports its use for Cancer breast secondary, Cancer general 2, Cancer breast secondary. AltHealth lists say it has been used for sinus drip. Because of its importance as an infection primary frequency, we will add it to our list for infection support.

- 802** The CAFL lists this for Cancer general 2, Cancer maintenance secondary, Cancer breast and Cancer breast 3. On the original Crane list 802 is the primary for TB rod. 800 is the primary for B-coli rod. The range between 802-803 is suggested for B-coli & E-coli. Since this frequency falls in between two strong and well-known boundaries – 800 – 803, we will adjust the setting for 800 in our primary companion frequency set. There has been talk of late as to whether these are appropriate frequencies to use, since they eliminate beneficial digestive bacteria. In my own experience, these



have been wonderful frequencies to use, as long as beneficial flora is replaced immediately after blasting by taking acidophilus.

- 786** Crane suggested 786 for liver inflammation in his early experiments. It is listed in the CAFL for Cancer general 2. AltHealth reports it is for Adenovirus (a virus that causes infections in the lungs, stomach, and intestines), and also suggests it for Psorinum (homeopathic nosode for psoriasis). Another entry on that list suggests 786 for staph aureus (Rife shows it is 727.5). Bare list reports it in the herpes simplex range 785-786. Since we 786 falls into the + or – 5 Hz range between 784 and 787, two highly effective original Rife numbers, we are going to place it in our primary companion frequencies for infection by including it in a range between 784 and 787.
- 665** Both 665 and 664 are listed in the CAFL as Cancer general 2. They are both in range of Rife's original number 660, the primary for Syphilis.
- 664** The CAFL also lists 664 Cancer general 1, Cancer maintenance secondary, Cancer glioblastoma. The late addition of this frequency to Crane's list suggests 664 Prostate. It also comments that this frequency is beneficial for emotional ties to diseases. The AltHealth list confirms that it has apparently caused people to giggle especially in a group exposure setting, and has been used in psoriasis as well. Bare lists it for Bacterial infections, Fatigue, Herpes Simplex 1, Prostate, Stomach and Ulcers. It also falls between Bare's Herpes Simplex I range of 662 – 666. As we have already added 666 to our cancer set for Infection support, we will also use these two frequencies by creating a range to include them.
- 465** This frequency is a primary listing for Yeast/Fungus/Candida infections in Rife's original numbers. It is also included in Crane's list for AIDS and Epstein-Barr. The CAFL lists it for Cancer general 2, Cancer maintenance secondary, Cancer melanoma. We already have included 464 in our set for Infection support, and will use 465 to create a new range there.
- 125** This is a mid-research addition to Crane's frequencies for Worms (any) or parasites (includes Pin worm, Ringworm) and Athlete's foot. Bare confirms this use. The CAFL lists it for Cancer general 2, Cancer breast 1, Cancer melanoma, Cancer prostate; AltHealth reports it has been used in Myositis (involves progressive muscle weakness), Bronchitis and Head colds. The main Rife Crane numbers for worms and parasites are 20 and 120, which we already have included in our Primary companion frequencies for infection. Crane's list also suggests that the major range for parasite infestation is between 60 and 125, the number we are considering here. We will now include this range in our Intestinal support frequencies.
- 96** The CAFL lists this for Cancer general 2, Cancer breast secondary. Bare lists it for psoriasis, trauma and worms. As it is already within our range for worms, we do not need to add this number.
- 72** This is listed in the CAFL for Cancer general 1 and Cancer breast 1. It also has been used as stimulation for men. We will not include it at this time.
- 64** This listing appears only once in the CAFL cancer listings, here in Cancer general 2. I am not familiar with this frequency, and can only guess that it may have been included due to the method used to convert Garvey frequencies which are above audio range by dividing by 64 and rounding. We will not include this number, other than to note that it falls between our range for Intestinal support with worms and parasites.

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 784–787, 800 - 803, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:



for Intestinal support: **60–125** (worms, parasites), **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **766, 776, 1550–1552** (TB), **1050, 2048–2050, 2489** (pneumonia)

for Infection support: **683, 690, 1489** (general infection) **1862** (typhoid) **333** (adenovirus- lungs, stomach, intestines) **2189** (hepatitis-liver) **660, 664–665** (syphilis), **666, 668** (herpes), **712** (gonorrhea), **464–465** (yeast/fungus)

for breast cancer: **2950** (breast cancer) **304, 3040** (pain)

Carcinoma cancer frequencies to add if non-responsive: **2048, 2180 to 2182, 2184, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **3176**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

## 10. Comparing the CAFL Basic Comprehensive Set, Cancer general 1, and Cancer general 2 to CAFL Cancer general 3.

We will proceed as before.

CAFL = The “Basic Comprehensive Set” suggested for cancer says — ~~10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

Cancer\_general\_1 - ~~2489, 2184, 304~~

Cancer\_general\_2 - ~~10000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20~~

**Cancer\_general\_3** - ~~10000, 3176, 2950, 2180, 2128, 2049, 2008, 1865, 1488, 943, 886, 866, 776, 732, 728, 690, 676, 650, 523, 442, 414, 304, 240, 128~~

- 2049** This is the only CAFL listing for this frequency. We have already listed 2048 in our Carcinoma cancer frequencies to add if non-responsive. We will use this number to create a range there.
- 1865** This is a primary Rife listing for Typhoid virus. The CAFL lists it for Cancer general 3, Cancer maintenance secondary, Cancer breast 1. We will make a typhoid range in our set for Infection support.
- 1488** This is a late addition to the Crane list for Herpes simplex. The CAFL lists this under Cancer general 3, Cancer multiple myeloma. AltHealth reports it as a frequency for dizziness. As we already have chosen 1489 for Infection support, we will create a range there.
- 943** This is the only CAFL listing for 943. On Rife’s 1932 list it is a reduction of 943000, the frequency in meters for B-coli rod in Sine wave application. However, in the Bio-Energetic frequencies listed in AltHealth it has been used for Aflatoxin (a liver-damaging toxin produced by certain food molds), Rickettsia (bacteria that are transmitted to man by lice, fleas, ticks, and mites), Rocky Mountain spotted fever, and Staphylococcus aureus. We will include it here as a possibility to investigate for bacteria.
- 886** This is the only CAFL listing for 886. The AltHealth list suggests it for candida. We will not add it to our list.
- 866** In the CAFL this is listed under Cancer general 3, Cancer breast. AltHealth lists it for Monilia (former name of candida) [Garvey] and fungal infections, Chlamydia infections, mold, Vaginosis. As someone has tried this frequency and reported it for cancer, we will include it as a yeast frequency in our set for Infection support.

- 732 This appears in the CAFL as Cancer general 3, cancer breast. On AltHealth lists it is identified as a frequency for Amoeba, mold, thread worms, parasites [AltHealth]. As this frequency is within the + and – 5 range of 727 we will not add it to our set
- 650 This is a mid-to-late addition to Crane's frequencies for AIDS, Sexual diseases and Syphilis. AltHealth lists include it for parasites, roundworm and moles. The CAFL lists it under Cancer general 3, Cancer maintenance secondary. We will add it to try as general Infection support.
- 523 This is only listed here under Cancer genera 3 in the CAFL. AltHealth lists report that it is for Cystic fibrosis (also called mucoviscidosis, this is an inherited disorder of the exocrine glands that causes them to release very thick mucus), Mold, and Bovine TB. It is also listed for Adenovirus (a virus that causes infections in the lungs, stomach, and intestines). Since we have already included the other two frequencies for Adenovirus (333, 786), we will add this one too, under Infection support for adenovirus - lungs, stomach, intestines.
- 442 AltHealth's Bio-Energetic Frequency listings identify this as for distemper, Medorrhinum (homeopathic nosode for urethral discharge), and Prostate Adenominum (homeopathic remedy for prostate tumor). It appears this is the source of the CAFL listings for this number – Cancer general 3, Cancer prostate. This looks to be an excellent number to try for Prostate trouble, but for the moment will not include it on our list for breast cancer. We can always add it later if need be.
- 414 The CAFL lists this for Cancer general 3, Cancer leukemia feline (cat). AltHealth list says it is for Vaginitis (non-specific infection). We will not add it at this time.
- 240 Cancer general 3 is the only use reported in the CAFL. AltHealth suggests it is good for roundworms. However, this is an early frequency on Crane's list, where it suggests that 20 to 240 is helpful for muscles in general. As 240 is the primary for that problem, we will include it that way on our list.
- 128 This is the only listing for 128. We will not add it now.

### ***Summary so far:***

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 784–787, 800–803, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:

for Intestinal support: **60–125** (worms, parasites), **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **766, 776, 1550–1552** (TB), **1050, 2048–2050, 2489** (pneumonia)

for Infection support: **650, 683, 690, 1488–1489** (general infection) **943** (bacteria) **1862–1865** (typhoid) **333, 523** (adenovirus- lungs, stomach, intestines) **2189** (hepatitis-liver) **660, 664–665** (syphilis), **666, 668** (herpes), **712** (gonorrhea), **464–465, 866** (yeast/fungus)

for breast cancer: **2950** (breast cancer) **304, 3040** (pain) **240** (muscles)

Carcinoma cancer frequencies to add if non-responsive: **2048–2049, 2180–2182, 2184, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **3176**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

## 11. Comparing the CAFL Basic Comprehensive Set, Cancer general 1, Cancer general 2, and Cancer general 3 to CAFL Cancer BX.

We will proceed as before.

CAFL = The “Basic Comprehensive Set” suggested for cancer says — ~~10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

Cancer\_general\_1 - ~~2489, 2184, 304~~

Cancer\_general\_2 - ~~10000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20~~

Cancer\_general\_3 - ~~10000, 3176, 2950, 2180, 2128, 2049, 2008, 1865, 1488, 943, 886, 866, 776, 732, 728, 690, 676, 650, 523, 442, 414, 304, 240, 128~~

**CAFL Cancer\_BX\_virus** (carcinoma virus) — ~~11780000, 17034000, 21725, 17034, 11780, 3713, 2876, 2128, 1604~~

The only frequency left to check in the CAFL Cancer BX set is 21725. I suspect it may be a typo and that the number here should be 21275, which we have already eliminated. Without further evidence, we will not use this number.

*Summary so far:* unchanged

## 12. Comparing the CAFL Basic Comprehensive Set and CAFL general Cancer frequencies to CAFL frequencies for our target – Breast Cancer.

Now that we have identified all the CAFL numbers for cancer in general, we will compare them to the following specific CAFL entries pertaining to our specific target, breast cancer. Again, the object is to eliminate the duplicates, and to identify what is left over so that we can determine what to add to the cancer set we are building. We will proceed as before.

CAFL = The “Basic Comprehensive Set” suggested for cancer says — ~~10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

Cancer\_general\_1 - ~~2489, 2184, 304~~

Cancer\_general\_2 - ~~10000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20~~

Cancer\_general\_3 - ~~10000, 3176, 2950, 2180, 2128, 2049, 2008, 1865, 1488, 943, 886, 866, 776, 732, 728, 690, 676, 650, 523, 442, 414, 304, 240, 128~~

**CAFL Cancer\_BX\_virus** (carcinoma virus) — ~~11780000, 17034000, 21725, 17034, 11780, 3713, 2876, 2128, 1604~~

**Cancer\_breast** - **3072, 2950, 2876, 2191, 2189, 2187, 2184, 2182, 2152, 2128, 2127, 2120, 2116, 2112, 2104, 2100, 2008, 1550, 866, 802, 732, 667, 666, 166, 120**

3072 unknown. With no supportive evidence, we will not use this frequency.

- 2191 unknown. Although it is in the + or –5 frequency range of 2189, which we have already added to our set, neither 2189 nor 2191 is a strong enough candidate to warrant expanding our 2189 entry to include a range from 2189 – 2191.
- 2187 unknown. With no supportive evidence, we will not use this frequency.
- 2152 unknown. This CAFL number appears here under Cancer breast, and also under Cancer carcinoma scan. Since at least one person has reported this frequency as a scanned response for carcinoma breast cancer, we will include it in a new category of alternative numbers to try – Carcinoma scan frequencies to try if non-responsive.
- 2116 This frequency is listed in the CAFL as Cancer breast, Cancer non Hodgkins, and Cancer carcinoma basal cell skin (use 2116 for 30 min, and use - 2116, 760, 2128, 2280, 2876 for 5 min). The comment from the AltHealth lists is similar – Basal Cell Skin Carcinoma - 2116, 760, 2280 direct exposure of the lesion to light from the tube helps as does pulsing the audio output. About 30 minutes exposures at 2116 seemed optimal, 760 and 2280 at 5 minutes each. Although it does not directly relate to our quest for breast cancer frequencies, this appears to be a worthy Carcinoma frequency, and we will try it if our primary cancer set needs to be amplified. We will definitely keep this entry in mind for use in skin cancer, or if the internal tumor has surfaced and pushed its way through the skin tissue.
- 2112 This CAFL number appears as Cancer breast, Cancer breast secondary, and also under Cancer carcinoma scan. Since at least one person has reported this frequency as a scanned response for carcinoma breast cancer, we will include in that category of alternative numbers to try.
- 2104 Besides Cancer breast, this frequency is listed under Cancer carcinoma bronchial, Cancer carcinoma scan. Since at least one person has reported this frequency as a scanned response for carcinoma breast cancer, we will include in the breast cancer frequencies.
- 166 This is the only entry in the CAFL for this frequency. It is a Garvey frequency for Entameba Histolytica (highly damaging protozoa causing dysentery and liver infection), Hepatitis, and is also mentioned in the AltHealth lists as a frequency in a bank for Hepatitis C. We will include it in our set for liver support.

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 784–787, 800 - 803, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:

for Intestinal support: **60–125** (worms, parasites), **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies)

for Lung support: **766, 776, 1550–1552** (TB), **1050, 2048–2050, 2489** (pneumonia)

for Infection support: **650, 683, 690, 1488–1489** (general infection) **943** (bacteria) **1862–1865** (typhoid) **333, 523** (adenovirus- lungs, stomach, intestines) **166, 2189** (hepatitis-liver) **660, 664–665** (syphilis), **666, 668** (herpes), **712** (gonorrhea), **464–465, 866** (yeast/fungus)

for breast cancer: **2950** (breast cancer) **304, 3040** (pain) **240** (muscles)

Carcinoma cancer frequencies to add if non-responsive: **2116, 2048–2049, 2180–2182, 2184, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **2104, 2112, 3176**

Carcinoma scan frequencies to try if non-responsive: **2152**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

### 13. Adding CAFL Breast Cancer secondary frequencies to our search.

We will proceed as before.

CAFL = The "Basic Comprehensive Set" suggested for cancer says — ~~10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

Cancer\_general\_1 - ~~2489, 2184, 304~~

Cancer\_general\_2 - ~~10000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20~~

Cancer\_general\_3 - ~~10000, 3176, 2950, 2180, 2128, 2049, 2008, 1865, 1488, 943, 886, 866, 776, 732, 728, 690, 676, 650, 523, 442, 414, 304, 240, 128~~

CAFL Cancer\_BX\_virus (carcinoma virus) – ~~11780000, 17034000, 21725, 17034, 11780, 3713, 2876, 2128, 1604~~

Cancer\_breast - ~~3072, 2950, 2876, 2191 see 2189, 2189, 2187, 2184, 2182, 2152, 2128, 2127, 2120, 2116, 2112, 2104, 2100, 2008, 1550, 866, 802, 732, 667, 666, 166, 120~~

**Cancer\_breast\_secondary** - **422, 942, 4412, 1862, 808, 1552, 728, 2720, 1234, 690, 2160, 2136, 477, 28, 317, 96, 3176, 3040, 2145, 2048, 1830, 2112**

- 4412** This is the only listing in the CAFL. It is a Garvey frequency for threadworm, and we will add it to our set for Intestinal support.
- 2160** unknown. CAFL lists it here, and in Cancer adenocarcinoma esophageal, and Cancer carcinoma scan. Since at least one person has reported this frequency as a scanned response for carcinoma breast cancer, we will include in that category of alternative numbers to try.
- 2145** CAFL lists this here and in Cancer multiple myeloma, Cancer prostate, Cancer prostate Vega 1. It is a Garvey frequency CMV (cytomegalovirus known as salivary gland virus or human herpes type 5).
- 2136** This appears here and in Cancer carcinoma scan. AltHealth lists it for dizziness. Since at least one person has reported this frequency as a scanned response for carcinoma breast cancer, we will include in that category of alternative numbers to try.
- 1830** This is the only listing in the CAFL. AltHealth lists report its use for cataract, brunescent (brown opacity in later life). We will not include it now.
- 1234** This is the only listing in the CAFL. AltHealth lists report it for opening bronchioles, bronchitis, dizzy, and sinus drip. As this frequency helps the lungs, we will add it for lung support.
- 942** This is the only listing in the CAFL cancer numbers. However, it is a Garvey frequency for Haemophilus Influenzae, Lupus, Penicillium notatum, Strongoloids (genus of roundworms), Zygomycosis Mucormycosis (also called zygomycosis; a serious, fungal infection usually associated with uncontrolled diabetes mellitus or immunosuppressive drugs). The Bio-Energetic Frequency Chart adds it for mold and Vaginosis. We will try it as general infection support.
- 808** This is the only listing in the CAFL cancer numbers. Garvey identifies it as for Herpes Simplex IU.2. We will add it that way too.
- 477** This is the only listing in the CAFL cancer numbers. AltHealth lists say it is possibly hepatitis. We will not use this number.

- 422** CAFL lists this number here, and for Cancer leukemia myeloid and Cancer multiple myeloma. Garvey identifies it as for Coxsackie virus (produces disease resembling non-paralytic polio), Microsporium Audouini (a fungus commonly causing ringworm of the scalp), Mycoid Leukemia (characterized by rapid growth of incompletely-formed white blood cells), Strongoloids (genus of roundworms), "Ultimate" Yeast. AltHealth lists add threadworms. We will add it to our infection support set under yeast/fungus.
- 317** This is the only listing in the CAFL cancer frequencies. Garvey says it is for hepatitis. We will enter it that way.
- 28** unknown. We will not use this one.

### **Summary so far:**

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 784–787, 800 - 803, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:

for Intestinal support: **60–125** (worms, parasites), **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies), **4412** (threadworm)

for Lung support: **766, 776, 1550–1552 (TB), 1050, 1234, 2048–2050, 2489** (pneumonia)

for Infection support: **650, 683, 690, 942, 1488-1489** (general infection) **943** (bacteria) **1862–1865** (typhoid) **333, 523** (adenovirus- lungs, stomach, intestines) **166, 317, 2189** (hepatitis-liver) **660, 664–665** (syphilis), **666, 668, 808, 2145** (herpes), **712** (gonorrhea), **422, 464–465, 866** (yeast/fungus)

for breast cancer: **2950** (breast cancer) **304, 3040** (pain) **240** (muscles)

Carcinoma cancer frequencies to add if non-responsive: **2116, 2048–2049, 2180–2182, 2184, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **2104, 2112, 3176**

Carcinoma scan frequencies to try if non-responsive: **2136, 2152, 2160**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

## **14. Adding CAFL Cancer breast 1 to our search.**

We will proceed as before.

CAFL = The "Basic Comprehensive Set" suggested for cancer says -- ~~40000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

Cancer\_general\_1 - ~~2489, 2184, 304~~

Cancer\_general\_2 - ~~40000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20~~

Cancer\_general\_3 - ~~40000, 3176, 2950, 2180, 2128, 2049, 2008, 1865, 1488, 943, 886, 866, 776, 732, 728, 690, 676, 650, 523, 442, 414, 304, 240, 128~~

CAFL Cancer\_BX\_virus (carcinoma virus) – ~~11780000, 17034000, 21725, 17034, 11780, 3713, 2876, 2128, 1604~~

Cancer\_breast - ~~3072, 2950, 2876, 2191 see 2189, 2189, 2187, 2184, 2182, 2152, 2128, 2127, 2120, 2116, 2112, 2104, 2100, 2008, 1550, 866, 802, 732, 667, 666, 166, 120~~



Cancer\_breast\_secondary - ~~422, 942, 4412, 1862, 808, 1552, 728, 2720, 1234, 690, 2160, 2136, 477, 28, 317, 96, 3176, 3040, 2145, 2048, 1830, 2112~~

**Cancer\_breast\_1** - **3672, 2008, 2063, 2103, 2128, 2146, 2133, 2162, 2173, 2180, 2189, 2208, 2263, 2289, 2333, 1865, 444, 425, 95, 72, 48**

**3672** The CAFL places this frequency as Cancer experimental additional frequencies, Cancer breast 1, Cancer carcinoma bronchial, Cancer non Hodgkins, Cancer prostate 1. AltHealth lists claim in is a best freq for opening bronchioles to make breathing easier. We will add this to our lung support frequencies.

Most of the rest of this set of Cancer breast 1 frequencies is highly experimental and contains many unrecognizable frequencies not found on Crane, Garvey, AltHealth lists, or in other categories of the CAFL. Since it is possible that they represent current new information by recent experimentation in breast cancer, we will call them experimental breast cancer frequencies and add them to the end of our set.

**2333** Garvey reports this frequency for Green Dye. We will not use this number.

**2289** unknown, experimental.

**2263** unknown, experimental

**2208** unknown, experimental

**2173** unknown, experimental

**2162** This is a Garvey frequency for Listeriose (a serious disease causing miscarriage, meningitis, and endocarditis in humans; known as "circling disease in ruminants and causes liver necrosis in animals with single stomachs). We will use it as an experimental frequency.

**2146** unknown, experimental

**2133** unknown, experimental

**2103** unknown, experimental

**2063** unknown, experimental

**95** AltHealth lists say this is for worms, parasites. This falls within our parasite frequencies, so we will not add this one.

**48** AltHealth lists say this is for other parasites and amoeba. We will try it as Intestinal support. If there has been colon trouble along with the breast cancer, it would be a good idea to gather the worm/parasite frequencies from our Intestinal support list, and to gather other frequencies as well, to try on alternate days every now and then. And because colon problems are usually an identifiable, predictable companion to any cancer, we will also add this as a special note at the end of our cancer sets.

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 784–787, 800 - 803, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:

for Intestinal support: **48, 60–125** (worms, parasites), **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies), **4412** (threadworm)

for Lung support: **766, 776, 1550–1552 (TB), 1050, 1234, 2048–2050, 2489** (pneumonia), **3672**

for Infection support: **650, 683, 690, 942, 1488-1489** (general infection) **943** (bacteria) **1862-1865** (typhoid) **333, 523** (adenovirus- lungs, stomach, intestines) **166, 317, 2189** (hepatitis-liver) **660, 664-665** (syphilis), **666, 668, 808, 2145** (herpes), **712** (gonorrhea), **422, 464-465, 866** (yeast/fungus)

for breast cancer: **2950** (breast cancer) **304, 3040** (pain) **240** (muscles)

Carcinoma is any cancerous tumor starting with cells covering body and organ surfaces that then invade both local and distant areas.

Carcinoma cancer frequencies to add if non-responsive: **2116, 2048-2049, 2180-2182, 2184, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **2104, 2112, 3176**

Carcinoma scan frequencies to try if non-responsive: **2136, 2152, 2160**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

Experimental breast cancer frequencies: **2063, 2103, 2133, 2146, 2162, 2173, 2208, 2263, 2289**

## 15. Adding CAFL Cancer breast 2 to our search.

We will proceed as before.

CAFL = The "Basic Comprehensive Set" suggested for cancer says -- ~~40000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 4604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20~~

Cancer\_general\_1 - ~~2489, 2184, 304~~

Cancer\_general\_2 - ~~40000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20~~

Cancer\_general\_3 - ~~40000, 3176, 2950, 2180, 2128, 2049, 2008, 1865, 1488, 943, 886, 866, 776, 732, 728, 690, 676, 650, 523, 442, 414, 304, 240, 128~~

CAFL Cancer\_BX\_virus (carcinoma virus) – ~~11780000, 17034000, 21725, 17034, 11780, 3713, 2876, 2128, 4604~~

Cancer\_breast - ~~3072, 2950, 2876, 2191 see 2189, 2189, 2187, 2184, 2182, 2152, 2128, 2127, 2120, 2116, 2112, 2104, 2100, 2008, 1550, 866, 802, 732, 667, 666, 166, 120~~

Cancer\_breast\_secondary - ~~422, 942, 4412, 1862, 808, 1552, 728, 2720, 1234, 690, 2160, 2136, 477, 28, 317, 96, 3176, 3040, 2145, 2048, 1830, 2112~~

Cancer\_breast\_1 - ~~3672, 2008, 2063, 2103, 2128, 2146, 2133, 2162, 2173, 2180, 2189, 2208, 2263, 2289, 2333, 1865, 444, 125, 95, 72, 48~~

**Cancer\_breast\_2 - 656, 127, 1582, 478, 982, 2134, 2120, 9000, 9999, 304**

**9000** unknown, experimental frequency

**2134** unknown, experimental frequency

**1582** This is a Garvey frequency for bronchial carcinoma. Both AltHealth and CAFL list it the same way. We will place it under lung support.

**982** This is a Garvey frequency for mold A & C and for Ovarian Cyst. AltHealth lists it the same way. We will place this frequency with general infection frequencies.

**656** This is a Garvey frequency for carcinoma colon and for Coelicia. It is also listed as Cancer carcinoma colon in the CAFL. We will put this frequency with Intestinal support.

- 478** This is a Garvey frequency for Lymphatic Leukemia. AltHealth lists it the same way, CAFL lists it as Cancer leukemia lymphatic. We will place this frequency with Infection support.
- 127** This is a Garvey frequency for Carcinoma uterine, fermentative. It is listed the same way in the CAFL. We will place it in our Infection support, for uterine carcinoma.

### *Summary so far:*

Our cancer set now includes: **2008, 2217, 2120 to 2130, which includes our carcinoma target of 2127.5**

Primary companion frequencies for infection: **20, 120, 727–728, 784, 784–787, 800 - 803, 880**

Primary healing frequencies at end of set: **5000 (5K), 10000 (10K)**

Primary RF Sine wave cancer frequencies: **17034000, 17034, 11780000, 11780, 21275**

Complementary frequencies to add:

for Intestinal support: **656** (colon cancer), **48, 60–125** (worms, parasites), **524, 854** (parasites, mold, flukeworm), **676** (flukes, ulcers), **2048–2050** (flukes, pneumonia), **2084** (flukes expelled as a result of the cancer frequencies), **4412** (threadworm)

for Lung support: **766, 776, 1550–1552** (TB), **1582** (bronchial carcinoma), **1050, 1234, 2048–2050, 2489** (pneumonia), **3672**

for Infection support: **650, 683, 690, 942, 982, 1488–1489** (general infection) **943** (bacteria) **1862–1865** (typhoid) **333, 523** (adenovirus- lungs, stomach, intestines) **166, 317, 2189** (hepatitis-liver) **660, 664–665** (syphilis), **666, 668, 808, 2145** (herpes), **712** (gonorrhea), **422, 464–465, 866** (yeast/fungus), **478** (lymphatic leukemia), **127** (uterine carcinoma)

for breast cancer: **2950** (breast cancer) **304, 3040** (pain) **240** (muscles)

Carcinoma is any cancerous tumor starting with cells covering body and organ surfaces that then invade both local and distant areas.

Carcinoma cancer frequencies to add if non-responsive: **2116, 2048 – 2049, 2180 – 2182, 2184, 2452, 2876**

Carcinoma breast cancer frequencies if non-responsive: **2104, 2112, 3176**

Carcinoma scan frequencies to try if non-responsive: **2136, 2152, 2160**

Sarcoma cancer frequencies to add if non-responsive: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 11430** (experimental)

Experimental breast cancer frequencies: **2063, 2103, 2133, 2134, 2146, 2162, 2173, 2208, 2263, 2289, 9000**

## **16. Finishing our search.**

### **Adding CAFL Cancer breast 3**

CAFL Cancer breast 3 has only 3 listings –

**Cancer\_breast\_3** (use 2128 for 56min) - **2128, 33, 1131**

**2128 for 56 min** We will add this piece of information to our set

**1131** unknown, experimental frequency

**33** unknown, experimental frequency

### **Adding frequencies specific to Breast Cancer from the Crane list**

Last, we shall check our breast cancer set against the set specifically suggested by Rife and Crane. It is:

Rife/Crane breast tumor: **\*2008** ^2120 **\*2128** ^2184 **^2192** +5K

**^2192** The last number not accounted for is 2192, a frequency specifically suggested for breast cancer in the late 1980s or early 1990s. Although it is an unidentified experimental listing on the AltHealth lists, it does appear in the CAFL under Cancer carcinoma scan. Since it is a late Crane entry, we will place this number in the carcinoma scan category.

As we already know, 2127.5 (2128) is the primary frequency for BX carcinoma, and 2008 is the primary frequency for BY sarcoma. In the Crane list we note that both carcinoma (2127.5) and sarcoma (2008) are specifically named as **equal primaries for breast cancer**. Because both of these frequencies are important in breast cancer, we will now alter the listing in our set by emphasizing both of them with a star (\*), and examine what the CAFL has to say about sarcoma.

### Checking CAFL listings for Sarcoma

Now that we know that both Carcinoma and Sarcoma numbers should be present in our set for breast cancer, the only thing left to check is the CAFL listings for sarcoma –

**CAFL Cancer\_BY\_virus** (sarcoma virus) - 41430000, 20080, 47034, 44780, 44430, **3524**, 2008

We have already examined all but one of these suggested frequencies.

**3524** It is also listed as Cancer non Hodgkins, Cancer sarcoma general, and does not appear on the Crane or AltHealth lists. We will add it to our sarcoma set as an experimental number.

**CAFL Cancer\_sarcoma\_general** - **1755**, 2008, ~~3524~~

**1755** This frequency only appears under this category and is not found on Crane or AltHealth lists. We will add it to our sarcoma set as an experimental number

**CAFL Cancer\_carcinoma\_scan** - 728, 690, 2008, 2104, 2112, 2120, 2128, 2136, **2144**, 2152, 2160, **2168**, **2176**, 2184, 2192, **2200**, 2217, 5000, 9999, 304

**2200** This is the only CAFL listing. It is a late Crane frequency for blood. We will include it in our primary breast cancer set.

**2176** This is the only CAFL listing. With no other support information, we will list it with the other scan frequencies.

**2168** This is the only CAFL listing. With no other support information, we will list it with the other scan frequencies.

**2144** This is also listed under CAFL Cancer carcinoma bronchial. Although it does not have any other support data, it is probably that someone reported this frequency as a helpful bronchial frequency. We shall place it in our set for Lung support.

Now that our search is finished and we can see our entries clearly, we will re-arrange them into a more pleasant format that is easy to see and use.

## *Final Summary:*

### **PRIMARY FREQUENCY SETS:**

Cancer set: **\*2008, 2217, 2120 to 2130, which includes our carcinoma target of \*2127.5, use 2128 for 1 hour**  
Infection set: **20, 120, 727–728, 784, 784–787, 800–803, 880**  
Healing set: **5000 (5K), 10000 (10K) (use at end of any set, or use either for 10–30 minutes at a time to enhance healing**  
RF Sine wave set: **17034000, 17034, 11780000, 11780, 21275**

### **COMPLEMENTARY FREQUENCY SETS:**

Breast Cancer: **2200 (blood), 2950 (breast cancer) 304, 3040 (pain) 240 (muscles)**  
Intestinal support: **656 (colon cancer), 48, 60–125 (worms, parasites), 524, 854 (parasites, mold, flukeworm), 676 (flukes, ulcers), 2048–2050 (flukes, pneumonia), 2084 (flukes expelled as a result of the cancer frequencies), 4412 (threadworm)**  
Lung support: **766, 776, 1550–1552 (TB), 1582 (bronchial carcinoma), 1050, 1234, 2048–2050, 2489 (pneumonia), 2144, 3672**  
Infection support: **650, 683, 690, 942, 982, 1488–1489 (general infection) 943 (bacteria) 1862–1865 (typhoid) 333, 523 (adenovirus = lungs, stomach, intestines) 166, 317, 2189 (hepatitis-liver) 660, 664–665 (syphilis), 666, 668, 808, 2145 (herpes), 712 (gonorrhea), 422, 464–465, 866 (yeast/fungus), 478 (lymphatic leukemia), 127 (uterine carcinoma)**

### **SETS TO TRY IF NON-RESPONSIVE TO ABOVE FREQUENCIES:**

Carcinoma cancer: **2116, 2048–2049, 2180 to 2182, 2184, 2452, 2876**  
Carcinoma breast cancer: **2104, 2112, 3176**  
Carcinoma scan: **2136, 2152, 2160, 2168, 2176, 2192**  
Sarcoma cancer: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 1755, 3524, 11430 (experimental)**  
Experimental frequencies for Breast Cancer: **33, 1131, 2063, 2103, 2133, 2134, 2146, 2162, 2173, 2208, 2263, 2289, 9000**

### **SPECIAL NOTES TO REMEMBER:**

- 2116** This frequency is listed in the CAFL as Cancer breast, Cancer non Hodgkins, and Cancer carcinoma basal cell skin (use 2116 for 30 min, and use - 2116, 760, 2128, 2280, 2876 for 5 min). The comment from the AltHealth lists is similar – Basal Cell Skin Carcinoma - 2116, 760, 2280 direct exposure of the lesion to light from the tube helps as does pulsing the audio output. About 30 minutes exposures at 2116 seemed optimal, 760 and 2280 at 5 minutes each. Although it does not directly relate to our quest for breast cancer frequencies, this appears to be a worthy Carcinoma frequency, and we will try it if our primary cancer set needs to be amplified. We will definitely keep this entry in mind for use in skin cancer, or if the internal tumor has surfaced and pushed its way through the skin tissue.
- 48** AltHealth lists say this is for other parasites and amoeba. We will try it as Intestinal support. If there has been colon trouble along with the breast cancer, it would be a good idea to gather our Intestinal support and additional worm/parasite frequencies, to try on alternate days every now and then. And because colon problems are usually an identifiable, predictable companion to any cancer, we have added this as a special note to remind us to do it.

This protocol for breast cancer is well constructed, based on the best confirmed information we have as it was verified by Rife and Crane, as well as by current experiments. However, remember, it is all experimental. Turf's warning to "not stake a life on them" is good advice. But if you have a pioneering spirit and an investigative nature, welcome aboard!

## A last look at the CAFL

As we have just seen, the CAFL is a compiled work of art, containing both old and newly found frequencies. But don't forget, only the 26 original frequencies listed by Rife were verified under his microscope. Many of the later frequencies added by Rife, and by Rife and Crane, and later by Crane, were verified through successful use, but not under Rife's microscope. Those frequencies added by researchers today have not been confirmed under a microscope either, but the assumption is, they must be working, or people would not continue to anecdotally report their successes, and this CAFL would cease to exist.

Kudos to  
Turf for all the hard work he does to maintain the CAFL,

Kudos to  
everyone who has contributed to the list and kept it alive, and

Kudos to  
YOU, for investing your time and energy in personal Rife research! It is through our joint efforts and use that this experimental technology improves and increases.

Now, after having defined our own cancer set, let's take a look at the CAFL itself.

## From the Introduction to the CAFL

"Notes: See [Intro to Frequencies and Anecdotes](#) for information on the experimental use of this data. If it is used, see warnings about using frequency devices beforehand, use proper detox, and limit duration as needed! Frequencies are typically run three minutes each or more as necessary after assessing detox. Also see Bruce Stenulson's Normalizing and Stimulating Frequencies list at <http://stenulson.net/althealth/stimfreq.htm>. Frequencies with an asterisk are ones often found to be the most effective for that condition. Sets with a numbered annotation such as (1) or (2) are anecdotes. Sets with (exp) are genome frequencies. Sets with (v) are Vega sets, complimentary of [Carolina Health Center](#), and among the better tested. See full [Intro](#) for more information."

## Cancer Frequencies extracted from the CAFL

Cancer (**Basic comprehensive set**. A complete set like this, or rotation of the general cancer sets, or Rife Technology's intensive carcinoma and sarcoma banks are used as Basic sets. Sets listed below for specific types are to be used in addition to basic sets. Also add frequencies determined to be beneficial from scans. Increase run times on frequencies thought to be most effective **as detox allows**. Don Tunney now includes E\_coli\_1 frequencies with Rife Technology's intensive regimens. Also use 11,780,000Hz if device is capable.) - 10000, 11780, 21275, 17034, 11430, 6766, 6064, 5000, 3713, 3176, 3040, 2950, 2876, 2720, 2452, 2189, 2182, 2128, 2127, 2084, 2048, 2008, 1604, 1552, 1489, 880, 854, 800, 784, 776, 766, 728, 690, 683, 676, 666, 524, 464, 333, 120, 20

**Cancer\_general\_1** - 10000, 5000, 3176, 2720, 2489, 2189, 2184, 2128, 2084, 2050, 2008, 880, 854, 800, 784, 728, 666, 524, 464, 333, 304, 120

**Cancer\_general\_2** - 10000, 3176, 3176, 3040, 2720, 2489, 2182, 2127, 2048, 2008, 1862, 1552, 880, 802, 786, 727, 665, 664, 465, 304, 125, 96, 72, 64, 20

**Cancer\_general\_3** - 10000, 3176, 2950, 2180, 2128, 2049, 2008, 1865, 1488, 943, 886, 866, 776, 732, 728, 690, 676, 650, 523, 442, 414, 304, 240, 128

**Cancer\_BX\_virus** (carcinoma virus) - 11780000, 17034000, 21725, 17034, 11780, 3713, 2876, 2128, 1604

**Cancer\_BY\_virus** (sarcoma virus) - 11430000, 20080, 17034, 11780, 11430, 3524, 2008

Cancer\_experimental\_additional\_frequencies - 55.56, 6.8, 66.5, 440, 778, 1050, 1550, 2180, 663, 3672

Cancer\_cells\_conidium\_head - 728

Cancer\_maintenance\_secondary - 120, 250, 428, 465, 600, 626, 650, 661, 664, 667, 690, 728, 776, 784, 800, 802, 832, 880, 1489, 1550, 1600, 1865, 2000, 2012, 2100, 2170, 2490, 2730

Cancer\_not\_killed\_by\_2008\_2128 - 2180, 2182, 2184



Cancer\_adenocarcinoma\_esophageal - 47, 2182, 2219, 832, 2084, 2127, 2160, 2452, 2876  
Cancer\_adenoma - 433  
Cancer\_astrocystoma (common tumor of brain and central nervous system) - 857, 9.19, 8.25, 7.69, 2170, 543, 641, 2127, 880, 690, 666  
Cancer\_bladder\_secondary (use Parasites, schistosoma)  
**Cancer\_breast** - 3072, 2950, 2876, 2191, 2189, 2187, 2184, 2182, 2152, 2128, 2127, 2120, 2116, 2112, 2104, 2100, 2008, 1550, 866, 802, 732, 676, 666, 166, 120  
**Cancer\_breast\_secondary** - 422, 942, 4412, 1862, 808, 1552, 728, 2720, 1234, 690, 2160, 2136, 477, 28, 317, 96, 3176, 3040, 2145, 2048, 1830, 2112  
**Cancer\_breast\_1** - 3672, 2008, 2063, 2103, 2128, 2146, 2133, 2162, 2173, 2180, 2189, 2208, 2263, 2289, 2333, 1865, 444, 125, 95, 72, 48  
**Cancer\_breast\_2** - 656, 127, 1582, 478, 982, 2134, 2120, 9000, 9999, 304  
**Cancer\_breast\_3** (use 2128 for 56min) - 2128, 33, 1131  
Cancer\_carcinoma\_original\_crane - 21275, 2127.5  
Cancer\_carcinoma\_basal\_cell\_skin (use 2116 for 30min, others for 5 min) - 2116, 760, 2128, 2280, 2876  
Cancer\_carcinoma\_bronchial - 462, 776, 852, 1582, 2104, 2144, 2184, 3672  
Cancer\_carcinoma\_colon - 656\*  
Cancer\_carcinoma\_general - 2128, 1820  
Cancer\_carcinoma\_larynx - 327, 524, 731, 1133  
Cancer\_carcinoma\_liver\_1 - 393, 479, 520, 734, 3130  
Cancer\_carcinoma\_liver\_secondary (use Hepatitis B and Parasites, fluke, liver)  
Cancer\_carcinoma\_liver\_fermentative - 214  
Cancer\_carcinoma\_scan - 728, 690, 2008, 2104, 2112, 2120, 2128, 2136, 2144, 2152, 2160, 2168, 2176, 2184, 2192, 2200, 2217, 5000, 9999, 304  
Cancer\_carcinoma\_uterine\_fermentative - 127  
Cancer\_cervical\_secondary (use Papilloma and Herpes viruses)  
Cancer\_drogloma (see also Cancer, glioma, astrocytoma) - 853  
Cancer\_fibrosarcoma (malignancy containing connective tissue and developing rapidly from small bumps on the skin) - 1744  
Cancer\_fibrous\_tumor\_secondary - 1340  
Cancer\_gastric\_adenocarcinoma - 676  
Cancer\_glioblastoma - 720, 2008, 2128, 2180, 2182, 728, 832, 800, 664, 20, 855, 543, 641, 857  
Cancer\_glioblastoma\_tremor - 463, 466, 470  
Cancer\_gliomas (largest group of brain cancers) - 543, 641, 857  
Cancer\_Hodgkins\_disease (a form of malignancy characterized by enlargement of the lymph nodes, spleen, and lymph tissue and often includes weight loss, fever, night sweats, and anemia. Also called lymphogranuloma. Also see Chlamydia pneumoniae, Pseudomonas, Penicillium, Aspergillus, and Rhizopus.) - 552, 1522  
Cancer\_Kaposis\_sarcoma (also use Herpes type 8) - 249, 418, 647  
Cancer\_leukemia (also use Leukose) - 2127, 2008, 880, 787, 727, 690, 666, 2217  
Cancer\_leukemia\_hairy\_cell (typified by abnormal blood cells & shortage of others) - 122, 622, 932, 5122, 488, 781  
Cancer\_leukemia\_myeloid (characterized by rapid growth of incompletely formed white blood cells) - 422, 822  
Cancer\_leukemia\_feline (cat) - 258, 332, 414, 424, 544, 830, 901, 918, 997, 741, 743  
Cancer\_leukemia\_lymphatic - 478, 833  
Cancer\_leukemia\_T\_cell - 222, 262, 822, 3042, 3734  
Cancer\_liver (use Cancer, carcinoma, liver)  
Cancer\_liver\_secondary (use Hepatitis B and Parasites, fluke, liver)  
Cancer\_lung (use Cancer, carcinoma, bronchial)  
Cancer\_lymphogranuloma\_lymphoma (use Hodgkin's disease)  
Cancer\_lymphogranuloma\_venereum\_secondary (use Chlamydia trachomatis)  
Cancer\_lymphosarcoma - 482  
Cancer\_melanoma\_1 - 100, 1000, 10000, 666, 728, 1050, 2050, 2128, 2008, 2217, 60, 80, 95, 880, 450, 495, 45, 465, 787, 125, 20, 10, 7.5  
Cancer\_melanoma\_metastasis - 979

Cancer\_multiple\_myeloma - 21275, 11780, 5122, 4750, 4213, 2950, 2145, 2128, 2107, 2008, 1488, 822, 781, 647, 526, 475, 422, 418, 263, 249

Cancer\_mycosis\_fungoides (a form of skin cancer resembling eczema) - 852

Cancer\_nasopharyngeal\_secondary (use EBV)

Cancer\_non\_Hodgkins\_1 (also use Cancer, Melanoma) - 574, 588, 666, 778, 1078, 1120, 1340, 1744, 3524, 3713

Cancer\_non\_Hodgkins\_2 - 2008, 2004, 2012, 2116, 2128, 3672, 7760

Cancer\_pain - 3000, 95, 2127, 2008, 727, 690, 666

Cancer\_plasmacytoma (a tumor with plasma cells that occurs in the bone marrow, as in multiple myeloma, or outside of the bone marrow, as in tumors of the inner organs and lining of the nose, mouth, and throat) - 475

Cancer\_prostate (also see Prostate adenominum and Prostate hyperplasia) - 20, 60, 72, 95, 125, 666, 727, 787, 790, 766, 800, 920, 1998, 1875, 442, 2008, 2127, 2128, 2217, 2720, 2050, 2250, 5000, 2130, 2120, 690, 304

Cancer\_prostate\_1 (use all freqs for 6 min after assessing detox) - 2128, 2125, 2131, 2140, 2145, 666, 3672

Cancer\_prostate\_Vega\_1 - 854, 1840, 2145, 2288

Cancer\_rhabdomyosarcoma\_embryonal - 6384, 6024, 2586, 2217, 2184, 2128, 2127, 2100, 2093, 2084, 2060, 2048, 2040, 2032, 2016, 2008, 2005, 2000, 880, 784, 728, 464

Cancer\_rhabdomyosarcoma\_embryonal\_v - 2586, 5476, 4445

Cancer\_rhabdomyosarcoma\_1 - 2000, 2005, 2008, 2016, 2048, 2084, 2093, 6024, 2100, 2128, 2127, 2184, 2217, 6384, 728, 784, 880, 464

Cancer\_sarcoma\_general - 1755, 2008, 3524

Cancer\_skin (use Cancer, carcinoma, basal cell skin and specific forms)

Cancer\_stomach\_secondary (use Heliobacter pylori)

Cancer\_tertiary - 20, 421, 965, 50, 383

## **ADDENDUM**

### ***Rifing for Breast Cancer***

#### **Researching other methods and ideas to try**

Remember, there's always more than one way to skin a cat, and as you familiarize yourself with Rife Technology, you'll come up with your own way of doing things.

You can use reputable frequency lists just as you find them, you can analyze and develop your own sets as we have just done, or try coming up with new numbers on your own.

#### **Consider facts from their source.**

The best specific example of how frequencies were actually targeted and applied by Crane and Stafford is found in a case of malignant melanoma, found on page 273 of the book *Blast It!* –

On August 19th, 1959, Dr. Robert Stafford of Dayton, Ohio, wrote to John Crane, "...John, what does Dr. Rife say about malignant melanoma. Does he believe the treatments would be of any value? If so, what frequencies should we use. I have an opportunity to treat a Mr. Brooks Heathman here in Dayton, who had malignant melanoma in Rt. Foot - amputated at Mayo's - Now he has recurrence of malignant melanoma in the stump in the incisional skin area. This was excised & biopsied & proven to be recurrence. Can we expect any help in this case?...His local surgeon Dr. Tischer Hoerner (also tops in the profession) has given his consent for me to treat Brooks if I feel there is any hope since there is nothing more to be done...I told Brooks I would write you & get your opinion whether we could hope for a cure using the Rife Machine..."

In the return letter to Dr. Stafford, signed by both Royal Rife and John Crane, dated August 22, 1959, they said:

"Dear Bob -

"Regarding Mr. Brooks Heathman, I believe that he can be helped. As we both know, we are dealing with the worst little killer of all, the most dreaded form of cancer - BY and BX with a few other germs thrown in. His cure will require considerable attention. I would suggest that he be placed on distilled water, Welch's Grape and pure orange juice...(only fluid) and good food. Our prescription is as follows:

"Treat with double action: first place the tube 8 inches from the heart with the maximum intensity directed to the heart area. Determine his cycle blood flow. If it is three minutes, then use 3 minutes time on each frequency; if it is five minutes then use 5 minutes time etc. Do not move tube - suggest using an insulated (plastic or glass) independent holder.

First day treat as follows\*:

Streptococcus [880]	5 minutes over heart
Sarcoma [2008]	5 minutes over heart
Carcinoma [2128]	5 minutes over heart
Staphylococcus [728]	10 minutes over heart

"After using these frequencies then use the two for TB [800, 1550] at five minutes each.

"TREAT cut off foot area next slowly moving tube 8 to 10 inches away from skin up and down entire leg. Repeat the above procedure for the leg area. Use the same order as above listed. This will take 50 minutes of time and possibly a little more by the time you adjust the frequencies. I would follow this with low diathermy for 15 minutes in the cut off foot area slowly moving the pads up and down the leg. Then five minutes with the pads on both sides of the stomach area to help the lymphatic system along and 3 minutes over the top chest area for the same system there. Have him lying down when the treatments are given (flat). That is, lying down flat on a bed or table or what have you.

"Since his difficulty is in the leg area, treat him daily and after one months time, you will know which way he is going to go - in or out of this world."

\* [I have inserted the audio square wave frequencies for your convenience in quickly identifying these frequencies.]

## Crunch some numbers and seek out other lists

Number crunchers have tried all manner of things, which may or may not significantly affect response –

...converting above-audio range to audio range, dividing by 64 and rounding

...using Hulda Clark frequencies divided by 512

[Although she came up with different frequencies for different critters, Clark found that the single frequency of her zapper was effective against just about everything. But since then, many people have used their Rife devices to produce the frequencies suggested by Clark to good effect.]

...using Hulda Clark frequencies divided by 2

According to Dick Loyd [drloyd@comcast.net](mailto:drloyd@comcast.net), dividing the Clark frequencies by 2 gives lower octaves of the audio range. Just keep doing that until you can use the frequency on your equipment. For example, Dr. Clark lists 355100 Hz. That translates to an audio frequency of 2774. A sweep of +/- 10 Hz should probably be used. Dick's website at <http://www.royalrife.com> has lots of great Rife information.

...using equivalencies suggested by people who've tried them

Dick <http://www.royalrife.com> reports that for 11,780,000 you can use 736,250. For 11,430,000, you can use 714,375. In both cases, he says, a sweep 100 Hz up and down would be a good idea.

...dividing a number like 380,000 by 440 for a frequency of 864

...math 3 times 2127 = 6381 or

...math 3 times 2128 = 6384

...multiplying and dividing by 10

## Seek out other kinds of frequency lists and Rife Information.

Some of frequency list resources are mentioned in the beginning of this article. In the past few years, some of us are finding that frequencies in the Clark range and above are working very well. There is a list of Hulda Clark's frequencies at <http://stenulson.net/althealth/hcfreqs.txt>

A fine Rife documentary was written, produced, directed and released in 2003 by Shawn Montgomery. His video tape is *The Rise and Fall of a Scientific Genius, The Forgotten Story of Royal Raymond Rife, Part One: Rife's Rise*. Audiotapes over forty years old were recovered and reproduced in this video – voices of people at the very center of the events recorded in *Blast It!*. Post production assistance for this video was provided by Zero Zero Two Productions, and the Rife Research Group of Canada. This fine audio visual work is also available at <http://www.zerozerotwo.org/>

## Seek out recent personal anecdotes for new ideas and suggestions.

<http://www.electroherbalism.com> is an informational website cram-packed with basic, free, downloadable information about Rife technology. The anecdote section at Turf's site is wonderful. Go to –

<http://www.electroherbalism.com/Bioelectronics/FrequenciesandAnecdotes/>

And he has an older (but still useful) cross reference frequency list. Instead of listing frequencies for a given condition, it gives a frequency, then a list of all the conditions that are specified for it in the CAFL. Find it at –

<http://www.electroherbalism.com/Bioelectronics/FrequenciesandAnecdotes/FrequencyCrossReference.htm>

Excellent reports and users' anecdotes and discussions concerning EMEM devices are available at –

<http://stenulson.net/althealth/emanecdt.htm>

Encouraging recovery stories are posted at Dick Loyd's website at –

<http://www.royalrife.com/board>

The Rife discussion groups are a great source, too –

[rife-list@yahoogroups.com](mailto:rife-list@yahoogroups.com)

[Rife@yahoogroups.com](mailto:Rife@yahoogroups.com)

[rifeforum@yahoogroups.com](mailto:rifeforum@yahoogroups.com)

[electroherbalism@yahoogroups.com](mailto:electroherbalism@yahoogroups.com)

[rifers@egroups.com](mailto:rifers@egroups.com)

[lyme-and-rife@yahoogroups.com](mailto:lyme-and-rife@yahoogroups.com)

If you don't already have one, Hulda Clark's books are available from –

[www.drclarkbooks.com/](http://www.drclarkbooks.com/)

## Now what?

Folks new to Rifing always have a question or two about what to do next. We have finished our research, you have chosen your frequencies, and you have decided how to deliver them, whether by electrode pad machines, or ray tube devices. So now what?

Obviously, I can't answer that for you, as you must make your choices and decisions. I can only share a few lessons I have learned –

## What about pad or tube placement?

The cancer frequencies are the same for inside or outside of the body. For breast tumor, I have placed one pad right on top of the tumor, and the other directly opposite the tumor on the back. Sandwiching the tumor between two pads works well, too. If you have a tube, sit in a position so that the rays will penetrate the affected area. If you are applying a tube to the body, put it directly over the area.

In the Crane frequencies, all frequencies are given in Hertz at 4 to 5 volts Square Wave. Electrodes are to be applied directly onto the skin. Some people use a non-menthol shaving cream or electrode gel. (Do not use oils or creams – they will insulate the transference of energy to the body.) Some people wrap electrodes in wet paper towels. I prefer to cover metal electrodes with cellulose sponge. Directions for making your own electrodes are free for download at <http://www.ourlifehouse.com>.

## Does frequency order matter?

As we saw in the above Crane-Stafford illustration, sometimes the frequency order does matter. But most of the time, it does not seem to matter at all, particularly with ray tube devices. In practice, the order of

frequency use does matter when you are using a pad unit. In fact, it can matter a lot! With electrode pads applied to the body, it is a shocking experience (pun intended) to move from a high frequency to a low frequency, particularly if you are using a method of generating frequencies one right after the other. It is jarring, and can be extremely unpleasant.

I like to order them from lowest to highest, through the ranks of frequencies that devitalize microorganisms – beginning with 20 Hz, which combats larger microorganisms like worms and parasites, on through higher frequencies, which seem to combat smaller and smaller microorganisms, and ending with either or both of the regenerative/healing frequencies 5,000 and 10,000 Hz. Throughout his manual, Crane asserts that the healing frequencies are best run after application of devitalizing frequencies, in order to give the body the strength it needs to deal with the (now dead) bug litter, and to aid the lymph system in its evacuation of poisons from the body.

### How much and how often?

Cancer is always accompanied by other infection – the main problem is the tumor, obviously, but the accompanying problems need to be dealt with too. That's why infection frequencies are included in any good frequency set.

There are as many ways to use frequency sets as there are users of frequencies. A lot depends on what kind of device you have, how many frequencies it can transmit at one time or in one sitting, the general health of the one who's blasting away the bugs, and a variety of other variables.

With either a ray tube or a pad device, basically, the aim is to use the primary cancer and primary infection numbers first. Many tube users say that 3 minutes or less per frequency is adequate. Follow the manufacturer's advice. But with using pads, the technique is different.

To prevent adverse reactions when using my pad machine, I usually start out by using each frequency I select for about 5 minutes each.

### PRIMARY FREQUENCY SETS:

Cancer set:	<b>*2008, 2217, 2120 to 2130, which includes our carcinoma target of *2127.5, use 2128 for 1 hour</b>
Infection set:	<b>20, 120, 727–728, 784, 784–787, 800–803, 880</b>
Healing set:	<b>5000 (5K), 10000 (10K) (use at end of any set, or use either for 10 – 30 minutes at a time to enhance healing</b>
RF Sine wave set:	<b>17034000, 17034, 11780000, 11780, 21275</b>

The next thing I would do is to try whatever numbers are appropriate from the Complementary sets. If I am suffering detox effects, I would use the primary sets one time, and the complementary sets the next time. If my body can tolerate all of the frequencies I wish to use in one setting, then I do that instead. If I have a particular problem (like pain, for example), I would try just the frequencies that address that problem, and return to the other frequencies next time.

### COMPLEMENTARY FREQUENCY SETS:

Breast Cancer:	<b>2200 (blood), 2950 (breast cancer) 304, 3040 (pain) 240 (muscles)</b>
Intestinal support:	<b>656 (colon cancer), 524, 676, 683, 854, 2048–2050, 2084 (intestinal flukes expelled as a result of the cancer frequencies), 48, 60–125 (worms, parasites), 4412 (threadworm)</b>
Lung support:	<b>766, 776, 1550–1552 (TB), 1582 (bronchial carcinoma), 1050, 1234, 2048 – 2050, 2489 (pneumonia), 2144, 3672</b>
Infection support:	<b>650, 690, 942, 982, 1488–1489 (general infection) 943 (bacteria) 1862–1865 (typhoid) 333, 523 (adenovirus = lungs, stomach, intestines) 166, 317, 2189 (hepatitis-liver) 660, 664–665 (syphilis), 666, 668, 808, 2145 (herpes), 712</b>



(gonorrhea), **422, 464-465, 866** (yeast/fungus), **478** (lymphatic leukemia), **127** (uterine carcinoma)

If response is not measurable, or not acceptable for whatever reason, then I would try the alternative sets I have chosen, always moving from better-known frequencies to lesser-known frequencies.

### SETS TO TRY IF NON-RESPONSIVE TO ABOVE FREQUENCIES:

Carcinoma cancer: **2116, 2048 – 2049, 2180 to 2182, 2184, 2876**  
Carcinoma breast cancer: **2104, 2112, 3176**  
Carcinoma scan: **2136, 2152, 2160, 2168, 2176, 2192**  
Sarcoma cancer: **2093, 2000 to 2100, which includes our sarcoma target of 2008, and 1755, 3524, 11430** (experimental)  
Experimental frequencies for Breast Cancer: **33, 1131, 2063, 2103, 2133, 2134, 2146, 2162, 2173, 2208, 2263, 2289, 9000**

### How much is too much?

My personal program is based in good part on how healthy the body is, and how it reacts to the frequency input. I will sometimes try this –

If no detox reaction, next day try cancer set 10 min ea frequency.  
If no detox reaction, next day try both cancer and infection sets 10 min ea frequency.  
If no detox reaction, next day try cancer set 30 min ea frequency.  
If no detox reaction, next day try whole set 15 min ea frequency.  
If no detox reaction, increase cancer set to an hour each frequency every other day, and once or twice a week add the infection set 5-10 min per frequency on the off days.  
I always build my own application program and times according to the body's response to what I am doing.

### What about detox reactions?

Some detox reactions can be avoided by taking an electrolyte 20 minutes before blasting, and by taking a good quality acidophilus immediately after blasting.

I look for one of two reactions to a blasting session. I will either feel *gr-r-r-r-r-eat!!* or I will feel not so great, sometimes immediately, sometimes within a few hours of the session. When I feel not so great, I am undergoing a detox reaction.

Detox reactions I have seen can include mild to severe pain in the area with the problem, mild to severe fatigue following a session, nausea, vomiting, cold or flu-like symptoms including fever, aching muscles and joints, runny nose, coughing up phlegm, etc.

Detox reactions mimic real illness, but the main difference is that they go away quickly, and leave the body feeling better than it did before the reaction set in. It can take anywhere from an hour or two to 3 or 4 days to recover from a detox reaction, depending on the strength of the reaction and the body's general health.

When there is a detox reaction, I stop blasting altogether until the reaction has cleared up. I resume where I left off, or back up to the point just before the detox reaction was produced, or extend the period between sessions.

When there is a detox reaction, I carefully consider what frequencies were used and for how long, and by the process of elimination, try to determine the frequency (or frequencies) that caused the reaction.

When I can determine which frequency is causing the reaction, or getting "hits", I increase the dwell time on that frequency, as is possible, and use it until the reaction goes away.

On his website, Turf notes that “many times (if not most of the time) frequencies which are beneficial may not cause any sensation. And, many times frequencies which are hits may cause no apparent benefit. In general, though, frequencies which produce consistent hits over multiple sessions are usually therapeutic, and should be included in sessions until they no longer do...”

While this is all true, it has been my experience with cancer, using either electrode pads or the ray tube, that when you get a “hit” with a frequency that affects the cancer, it makes the tumor hurt. That is the frequency I know is working, and the one I want to increase times on. For example, if 2127.5 hurts the tumor, I have gradually increased that frequency to as much as an hour per session (or whatever time can be tolerated), not running the other frequencies at all. Every other session, or every third session I will run both the cancer and the infection frequency sets for 5-10 min per frequency instead of (or in addition to) the one that is working.

When a particular frequency makes the tumor hurt, it is a distinctive (sometimes very intense) kind of pain that normally goes away immediately as soon as the frequency is withdrawn. As the tumor shrinks, the pain will change or lessen, and dwell time can be increased accordingly. As seems to be true in the mouth, when the frequency that has caused the pain reaction has done its job, the pain no longer appears when that frequency is applied. (Note for the faint-hearted – remember, some people never feel any pain at all.)

If the frequencies are working, there will be a measurable, noticeable change and reduction in the shape, size, and texture of the tumor. Obviously, if it is not working, there will be no change for the better.

### Using other methods to complement Rifing

There are many helpful websites that address all kinds of good alternative measures you can choose for personal experimentation in your own health care. Since this report specifically deals with breast cancer, a few good sites to check are –

<http://www.curezone.com/>

<http://www.stopcancer.com/>

<http://www.altcancer.com/>

[This is a good site, however, at the time this article is being written, the following note appears at this site: “At 9:10 a.m. on Wednesday, September 17th, 2003 the Federal Drug Administration (FDA) suspended most activities at our fulfillment center in Louisiana. At this time we are not selling any Alpha Omega Products until we have changed our web site and labels as advised by our attorneys that specialize in FDA law. We appreciate our loyal customers, your business and all the support.” Keep the site name on hand, and check it later.]

<http://health.centreforce.com/>

This site has good testimonials concerning Cansema, or black salve, as does the next site:

<http://altcancer.silvermedicine.org/>

Colloidal Silver has been a wonderful infection-fighter for me. Information on how to make it and/or where to buy it is plentiful on the web.

Another fine thing to investigate is Texas Dixie Water. According to anecdotal testimonials, this unique water has helped people in a lot of situations, including cancer. You can reach Dixie at the

Dixie Water Company  
1200 Blalock #204  
Houston, Texas 77055  
713-777-6159

## Preventing autointoxication

With cancer it is imperative to keep the bowel clean. If the bowel will not evacuate on its own after blasting, it is a good idea to use some kind of colon cleanser to ensure that it will move, or follow the session with an enema or a colonic.

With cancer (especially breast cancer) it is imperative to keep the lymph vessels cleaned out and the lymphatic fluids moving. Lymphatic massage following a session can help considerably. I have also used magnets with breast tumor to aid in reducing pain and swelling in and around the area. If there is swelling and pain in the arm and hand, magnets are also effective in dragging the lymph up the arm and directing it to the lymphatic duct. Information on lymphatic massage and how to otherwise help the lymph system is available free at <http://www.ourlifehouse.com>. Believe it or not, one of the best adjuncts to moving lymph and reducing the pain and swelling it can cause, is a little trampoline, called a rebounder.

That said, I will bounce on out of here and leave you to your research.

## Happy Rifing!

[Carol@OurLifeHouse.com](mailto:Carol@OurLifeHouse.com)

[The information for this article was drawn and learned from *Blast It!*, the updated version of John Crane's *Polarity Research Manual*. The book also contains a large section on cancer and many other ailments, with lots of other suggestions to try. You can visit us at <http://www.ourlifehouse.com> to learn more. We encourage you to contact us with any questions and comments about this article. If you try this frequency selection method, please share your personal anecdotes – any reports of hands-on user experience are always welcomed.]