# Exact Means and Methods to Eliminate Infectious Viruses, Bacteria and Other Pathogens to Help Maintain or Regain Health

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The complete process is described here in detail to allow anyone to successfully achieve recoveries and insure that the currently proven methods will never again be "lost" or suppressed.

### What You Do

- 1) Blood electrification for a minimum of 2 hours per day for a minimum of four to twelve weeks. Apply saltwater moistened electrodes over Ulnar and Radial arteries on opposite insides of same wrist. A Velcro<sup>®</sup> and elastic strap holds electrodes in place. You must electrify blood for two hours every day for at least four to twelve weeks. This should not interfere with other activities. As your blood circulates normally, enough will be flowing along this path in the forearm until most blood in your body is eventually treated by the 50 to 100 microampere current flowing internally. About 3 to 5 milliampere is necessary at the skin to overcome resistive losses through tissue before current reaches blood.
- 2) Drink 3 to 5 ppm self-made Ionic Silver Colloid daily. Costing under 1 ¢ per gallon, colloids are shown to easily control opportunistic infections. This helps vour immune system.
- 3) Apply your magnetic pulse generator for a minimum of 20 minutes daily by positioning and pulsing coil over lymph nodes and internal organs. Pulse each time it recharges at several second intervals. Pulses of high intensity time-varying magnetic flux generate a measurable back e.m.f. in adjacent tissue thus neutralizing any residual germinating and incubating pathogens. Without this step, sufferers have been known to sometimes re-infect themselves. Conventional *permanent* magnets cannot be substituted for this purpose.
- 4) Drink as much ozonated water as you can comfortably ingest daily. You must generate fresh ozone yourself each time and drink immediately since 0<sub>3</sub> has a halflife of only a few minutes. All known pathogens and cancers are anaerobic. 0<sub>3</sub> aids their elimination by oxidation and speeds your detoxification and recovery with no discomfort. Consuming 0<sub>3</sub> water flushes pathogens, wastes and toxins from your system.

THESE FOUR STEPS WORK SYNERGISTICALLY AND SHOULD BE USED TOGETHER.

#### A TECHNICAL EXPLANATION OF EACH UNIT FOLLOWS:

## How to Do This and Why

- 1.) The blood electrifier and ionic silver colloid maker are usually combined in one small plastic box typically 3<sup>1</sup>/4X 2<sup>-</sup>/4 X 1 inch (cigarette pack size) containing one outlet for wrist electrodes and a second for colloid making. A single 9V transistor radio battery drives a voltage tripler, and a single-IC-chip switches the 2733V from negative to positive 3.92 times each second. A biphasic square wave with sharp rise-time output is fed to a 3.5 mm jack connecting to two 3/32" stainless steel or gold-plated electrodes 1" long each covered with two layers of 100% cotton flannel saturated with diluted salt water. A potentiometer allows users to adjust output until comfortable. Red and green LED's show polarity reversal (essential for safe blood electrification) and overall system functioning. A grainof-wheat lamp indicates current flow when making ionic colloid. Precise electrode locations are determined by carefully feeling arterial pulse points on opposite insides of same wrist and positioning saturated electrodes precisely along the paths where arteries come closest to surface. Locations are critical, since the objective is to supply maximal current into blood and not waste it in surrounding flesh. Typical impedance measured from electrode-to-electrode may be as low as 2000 W. Adjust output for strongest comfortable level. Schematics, parts lists and instructions for a three 9 V battery design are detailed in this paper. Anyone can build his own system; you need nothing except replacement batteries. However commercially available systems are inexpensive, reliable, and are useable immediately.
- **2.)** *Ionic silver colloids* of excellent quality and freshness are easily user-made as follows:

Pure silver (.999) or better yet, .9999 (4 Nine) 14 gauge (0.064" dia.) electrodes providing anode and cathode about 8" long, are immersed in distilled water. Some prefer "golden" colloids, easily made by heating 2 cups *of* distilled water to the boil in a non-metal container. Immerse silver wires and activate the 27-33 Volt DC output for 15-20 minutes to produce 3 to 5 ppm. The colloid will probably be clear but if run longer will turn a golden yellow. Stir every few minutes. Store ionic/colloidal silver in dark brown bottles. Keep out of light and do not refrigerate.

[Editor's Note: If using a manufactured unit with Constant Current, it is not necessary to heat the water for conductivity. Follow the manufacturer's instructions to make a high quality ionic/colloidal silver.]

3.) Magnetic Pulser: This extremely useful tool neutralizes active, hibernating or incubating pathogens being normally processed in lymph, spleen, liver, skin, kidney, stomach muscles and other tissue. It is easily made by purchasing or winding a -2.5 millihenry coil and driving it with a -35 to 70 Watt-Second (Joules) electronic flash or "strobe" (A Joule is `/2 CV' where C is in microFarads,

mF or mfd., and V is in Volts.) A self-wound inductance of - 130 T#14 or 16 AWG, plain enameled magnet wire works well. A 2.5 mH audio speaker cross-over coil is prettier. The coil is simply wired between one electrode of the strobe flash lamp and it's capacitor.

The device, if self-made, costs approximately \$100 and is vastly more powerful than \$5000 to \$7000 commercial devices of far less measurable power. The open coil kicks a steel washer several feet into the air when pulsed thus showing the invisible energy going into your body during use. A typical finished device tests 600 mfd. 330-350V, 36.75 W\*S, 43,133 Gauss,

150 Amperes peak, 40,500 Ampere Turns pulse rise time -1.8 microseconds, pulse duration -2.5 milliseconds, penetration -9" in tissue. Along with it's ac power supply it fits in a box  $3^4 \times 4^2 \times 11$  with an external applicator coil  $2^3/4$ " dia. x 1 3/8" thick on a 4' cord.

4.) Ozonized Drinking Water: Before adding this final step to the "magic four", we had some very uncomfortable people while they were detoxifying. B~ drinking ozone-charged water, some of the benefits of ozone use such as insufflation (0<sub>3</sub> enemas), autohemotheraphy, 0<sub>3</sub> injections and blood bubbling, Oxygen Bars and Hyperbaric Chambers are enjoyed and made simple and inexpensive. Tanks of "medical oxygen" (identical to welding oxygen) require medical prescriptions. Ozonized water is made from oxygen in ambient air and costs nothing.

#### **MAKING YOUR OWN:**

You can purchase ozone generators legally in tropical fish (aquarium) stores. (Avoid models using aluminum, metal or ceramic i.e. alumina ozone electrodes.) Air, pumped through a bubble-making "stone," is passed through chilled water. Depending on the strength of the ozone maker you buy, water becomes "saturated" in a few minutes and must be drunk immediately. You can see an increase in % blood oxygen saturation which often reaches 100% within minutes. Be aware that ultra-violet although cheaper is not as effective as a good quality, cold-corona high voltage ozonizer. Construction and use is fully explained in this paper. \*

(Please see other appropriate Robert Beck papers available on this site)

## CODE OF FEDERAL REGULATIONS 21 § 807.65 Subpart D-

## Exemptions, Paragraphs {d} & {f} Excludes and exempts from regulation:

- "(d) Licensed practitioners, including physicians, dentists, and optometrists, who manufacture or otherwise alter devices solely for use in their practice."
- "(f) Persons who manufacture, prepare, propagate, compound, or process devices solely for use in research, teaching, or analysis, and do not introduce such devices into commercial distribution."

Use of this device therefore appears legal and exempt from FDA regulations when you construct it yourself for research and/or use in your own practice! But double check your local, county and state regulations for possible exceptions.

**WARNING:** If you are ill with AIDS or your immune system is seriously compromised and you choose to try this program, it is advisable to work with a knowledgeable holistic health practitioner. If your symptoms clear and you stop the program prematurely (after **only the minimum schedule) your symptoms may return worse than ever. It** is important to continue the program for an extended period to ensure the immune system has an opportunity to regain the necessary strength and deal with the toxins and pathogens that must be expelled. Government regulations state you must consult a medical doctor for any disease.